



Turnbuckle Hop

This Trail's name sounds a little like a dance and indeed, it starts out like a quickstep, jazzy and fast as you hip-hop from gallery to garden to bistro through the streets of Annapolis. Then, with another bebop hop, it skips across interstates and skims past suburban strip malls to land in the lap of farmland as pretty as a pastoral painting ... For the moment, you've settled to a waltz pace as you watch kayaks drift past on Jug Bay and slowly brush the dust of time from a broken clay bowl during a dig at Mount Calvert Historical and Archaeological Park.

But in actual fact, the Trail takes its name from a practical gadget. A turnbuckle is a double hook, two loops linked by a straight shaft. With a simple twist, it brings things together. So this Trail suggests a "turnbuckle journey," not just because of its shape — a double-looped route through Anne Arundel and Prince George's counties — but because it makes connections and because it ties together. You might walk with ghosts from the past at the lost town of London Town, then turn around and take a Greenstreet Gardens shopping spree in the here-and-now. Or get a salty taste of maritime history at the Capt. Salem Avery House Museum before doing a

landlubber stroll through the pumpkin patch at Montpelier Farm. The Trail melds land and sea, past and present, cityscapes and countryside. Step. Turn. Step. And you're on your way.

You'll discover this lively interplay of opposites in the details here as well, and finding them makes this trip a delight: fairies of stone next to fairies of flesh and blood at the Spring Fairy Festival at Willow Oak Herb Farm; a weathered wooden outhouse against masts of modern ships at Herrington Harbour North Historic Village; realistic-looking crabs cavorting in decidedly nonrealistic poses in the whimsical paintings of Robert Bevard.

So strike up the band, strap on your soft shoes, grab a partner and start stepping out now. This elegant dance is about to begin.



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Find updated site information at www.somdtrails.com



This Trail starts in downtown Annapolis, where you can tour gardens, take in a gallery and see a live show. The William Paca House is east of State Circle on Prince George Street.

1 William Paca House & Garden

186 Prince George Street, Annapolis

This re-created terraced garden, originally designed by William Paca (a signer of the Declaration of Independence) is the only one of its kind in the area. Restored with plants typical of 1700s (based on extensive excavation and research), it features a three-tiered design with antique roses, golden rain trees, boxwood and holly topiary and herbs. Focal points include a picturesque summer house and a fish-shaped ornamental pond. You can also tour the Paca home, which has been returned to its distinctive Colonial-era state. Museum-quality period furnishings, including the Paca family silver and ceramics, fill its rooms. *April 1 through Dec. 31 Mon. – Sat. 10 a.m. to 5 p.m., Sun. noon to 5 p.m. (Call for hours Jan. through March)* (410) 267-7619, www.annapolis.org

Go NORTH on Prince George Street 0.1 miles to LEFT on Maryland Avenue. Go one block to RIGHT onto State Circle roundabout; exit on East Street, then go 0.2 miles to theater on LEFT.

2 The Colonial Players

108 East Street, Annapolis

The Colonial Players have been a part of Annapolis history since 1955. Their five-play seasons have included the classics, contemporary comedies, dramas and musicals. Experimental theater, theater for children, works by new playwrights, one-act play festivals and an array of workshops mean there is always something interesting happening. Don't miss the annual production of "A Christmas Carol." (410) 268-7373, www.thecolonialplayers.org

Back to RIGHT on State Circle. Go around circle to RIGHT on School Street (fifth exit). Go one block to enter Church Circle roundabout. Go to opposite side of the circle; the gallery is between West Street and Northwest Street facing church.

3 ARTFX Gallery

3 Church Circle, Annapolis

According to the ARTFX website, "the only thing mass produced at ARTFX is originality." This shop features handcrafted work by local and national artists, including jewelry, glass, sculptures, soy and beeswax candles, wood-turned signature pens, etched leaves, fine furniture-like jewelry boxes, paintings, original pottery including Clay Monsters, Vitreography, the now famous Pete the Cat and a new addition ... *Got All Your Marbles* jewelry. ARTFX features proven artists while giving new stars a chance to shine. *Open year-round Tues. – Sat. 11 a.m. to 6 p.m., Sun. 1 p.m. to 5 p.m.* (410) 990-4540, www.artfxgallery.org

GET SIDE-TREKKED! Depending on what you're hungry for, you can take this quick detour to Sam's on the Waterfront (serving lunch and dinner), or continue on the main Trail to bb Bistro or A Cook's Café for breakfast, brunch or lunch. **FROM CHURCH CIRCLE:** Take Duke of Gloucester Street 0.4 miles to slight RIGHT on Compromise Street (becomes 6th Street). Take first RIGHT on Chesapeake Avenue, go 0.3 miles to slight LEFT at Bay Ridge Avenue, go 1.1 miles to LEFT at Forest Drive/Bay Ridge Road, continue 0.3 miles to LEFT at Edgewood Road, then 0.7 miles RIGHT onto Chesapeake Harbour Drive, 0.3 miles to RIGHT on Chesapeake Harbour Drive E, and one block to restaurant parking on LEFT.

4  **Sam's on the Waterfront**
2020 Chesapeake Harbour Drive East, Annapolis

Shaped like the old spider-legged lighthouses on the Chesapeake Bay and framed by a stunning view of the water, Sam's strikes you as an elegant and interesting place even before the first course has arrived. The menu blends American cuisine with regional influences and Asian flair. Sam's is the first restaurant in Anne Arundel County to be certified a "green restaurant," thanks to its commitment to using fresh ingredients from Maryland farmers and fishermen. There is live music on Friday and Saturday nights and Sunday afternoons during the season. Sam's is the only restaurant in Maryland to win both Wine Spectators and Wine Enthusiasts Awards of Distinction. *Open year-round Mon. – Thurs. 11:30 a.m. to 9 p.m., Fri. and Sat. 11:30 a.m. to 11 p.m., Sun. 10:30 a.m. to 10 p.m.* (HC) (410) 263-3600, samsonthewaterfront.com



On the Water

This symbol means the site is on the water. Ask if you can come by boat!

BACK TO THE TRAIL. FROM CHURCH CIRCLE: Exit circle on College Avenue, go 0.2 miles to LEFT on MD-50 E (King George Street), then go 0.6 miles to LEFT on Baltimore Boulevard (turns into Annapolis Street), then go 0.3 miles to café on RIGHT.

5 **bb Bistro**

112A Annapolis Street, Annapolis

Carla Lucente and Stacey Jackowski have carved out a cozy, creative and casual dining spot featuring a menu with a blend of home-style, diner, Mediterranean and vegetarian cuisines. Their motto: "Make love, not processed food!" There's no freezer on the premises ... They don't need one since they make all of their soups, salads, sandwiches, quiche and salad dressings from scratch each day. Stacey's granola bars and Carla's flourless chocolate ganache cake are favorites with the regulars, most of whom they know by first name. *Open year-round Mon. – Fri. 7:30 a.m. to 4 p.m. Open for catering and private parties evenings and weekends.* (410) 990-4646, www.bbistroannapolis.com



Continue on Annapolis Street a half block to LEFT on Melvin Avenue. Go 0.2 miles to RIGHT on Rowe Boulevard, which becomes Bestgate Drive at 1.1 miles. Go 1.3 mile to RIGHT on Industrial Drive, then 0.1 miles to LEFT on Commerce Road, then half block to café on LEFT.

Follow the
Trails on
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www.somdtrails.com



6 A Cook's Café

911 Commerce Road, Annapolis

From the moment you enter A Cook's Café, home of the Chesapeake School of Cooking, you know you're in a special place. It is a warm, welcoming and aromatic place dedicated entirely to the appreciation of good food. You can buy a meal here and enjoy it in the casual dining area, order a catered spread for your next get-together or take a class and explore for yourself how fresh ingredients combine to create great flavors. Founder Craig Sewell's "fusion" business concept of retail, catering and food instruction stems from his many years of experience in the kitchens of four-star restaurants. A Cook's Café is committed to using only locally grown and sustainable produce and meats, which means some foods are available on a seasonal basis. *Open year-round Mon. – Fri. 7:30 a.m. to 4 p.m., Sat. 8 a.m. to 1 p.m. (Cooking classes offered in the evenings.)* (HC) 410-266-1511, www.acookscafe.com

Back to RIGHT on Industrial Drive, then 0.1 miles to RIGHT on Bestgate Road. Go 0.3 miles to LEFT at Route 178 (West Street), then 0.4 miles to RIGHT on Riva Road, then 3.8 miles to garden center on RIGHT.

7 Riva Gardens

3234 Riva Road, Riva

This colorful garden center sports lots of plants for landscaping and other garden goodies, too, but the moment you meet owners David and Diane Morehead, you'll discover their real passion is produce. No day-old corn or stale, starchy lima beans here; all the peaches, potatoes and raspberries are sweet, ripe and fresh from the farm, picked fresh daily! There's even a refrigerated case to keep things crisp on hot summer days. *Open March 15 through Dec. 23 Mon. – Sat. 8 a.m. to 6 p.m., Sun. 9 a.m. to 5 p.m. (During produce season Mon. – Sat. 7:30 a.m. to 7 p.m.)* (HC) (410) 956-2942, www.rivagardens.com

Continue west on Riva Road 0.3 miles to second RIGHT on Governor Bridge Road, then 2.6 miles to RIGHT at Route 424 N. (Davidsonville Road); go 1.6 miles to LEFT on Rossback Road. First driveway on LEFT is farm entrance.

8 Y Worry Farm

1501 Rossback Road, Davidsonville

Since its beginning selling pumpkins straight from the field in 1990, a trip to Y Worry Farm has become a fall tradition for many families. Customers can roam the fields in search of the perfect pumpkin, explore the corn maze, visit farm animals on display or see the corn stalk teepee. Potted mums are for sale as well as gourds, squash, Indian corn, cornstalks and straw bales. *Pumpkin Patch open in Oct., Fri. 1 p.m. to 6 p.m., weekends 10 a.m. to 6 p.m. Produce sold July through Labor Day and weekends in Sept. weekdays (except Wed.) 11 a.m. to 6 p.m., weekends 10 a.m. to 6 p.m. Christmas trees for sale first Sat. of Dec. through Dec. 19, noon to 8 p.m. weekdays, 10 a.m. to 8 p.m. weekends.* (410) 451-2855

GET SIDE-TREKKED! From here, you can take the Sunrise/Willow spur to two beautiful farms, continue WEST on Route 50/301 to visit Bevard Art Studio or rejoin the main loop to Queen Anne Farm.

To the Sunrise/Willow spur: Continue north on Davidsonville Road 4.4 miles to RIGHT on Route 3 (Crain Highway), go 3.5 miles to LEFT on Route 175 (Annapolis Road), then 1 mile to LEFT on Dairy Lane.

9 Maryland Sunrise Farm, LLC 100 Dairy Lane, Gambrills

Located on the grounds of the historic U.S. Naval Academy Farm, this site boasts more than 800 acres of organic grains, organic dairy heifers and organic vegetables. The farm holds historical interest as well; there are “trading rocks” where slaves were once bought and sold. Facilities are available for special events. Fall attractions include a corn maze and haunted barn from Sept. through Nov. **Open May through Nov., 9 a.m. to 5 p.m. (evenings when fall activities begin).** (HC) (410) 923-0726, www.mdsunrisefarm.com

Go RIGHT out of driveway marked EXIT. Go 0.2 miles to LEFT on Route 175 (Annapolis Road), 2 miles to RIGHT on Route 170 N. (Telegraph Road), then 1.7 miles to farm on RIGHT.

10 Willow Oak Flower and Herb Farm 8109 Telegraph Road, Severn

If you’ve ever had a question about herbs — how to grow them or how to use them — then this is the place to go. Willow Oak has 15 themed herb gardens and a natural pond planted with herbs and flowers. You’ll find garden tours and classes on many aspects of herbs and gardening, and you can take home plants and herbal bouquets. In the spring, don’t miss the Fairy Garden Festival. It’s a magical opportunity to make potpourri, sample May wine or rose petal punch, and roam the grounds looking for the perfect plants to take home (you’ll find many surprises). If your young fairy lacks wings, a wand or a flower wreath for her hair, you can make or purchase them here. And during the Christmas season, ride the North Pole Express Hayride. **Open year-round Mon. – Sat. 10 a.m. to 6 p.m., Sun. noon to 4 p.m. (Closed Sundays in winter.) Fall Festival and New Year’s Eve, 10 a.m. to 6 p.m.** (HC) (410) 551-2237, www.willowoakherbs.com



www.somdtrails.com

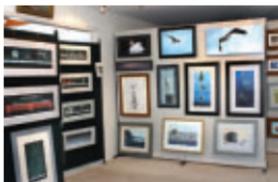


May Wine

This recipe is a favorite with the grown-up fairies at Willow Oak: Stuff a small handful of sweet woodruff leaves into a bottle of Rhine wine. Wait several days. The woodruff infuses the wine with the flavor of “new mown hay.” Add strawberries and Johnny-Jump-Ups for color, and enjoy!



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To Bevard Art Studio from the intersection of Route 50/301 and Route 197: Take exit 11 on to Route 197 (Collington Road) toward Bowie. Go 3.4 miles to RIGHT on Maddox Lane, take immediate RIGHT on Memphis Lane, then go 0.4 miles to studio on RIGHT.

Bevard Art Studio

3316 Memphis Lane, Bowie



What comes to mind when you think of crab balls, crabgrass or crab cakes? You're probably not picturing crustaceans juggling sports equipment, mowing the lawn or frolicking with cupcakes. Unless, of course, you're Robert Bevard, whose delightfully wacky "Crab Antics" series of fine art prints is just a taste of his whimsical look at Southern Maryland's favorite hard-shelled critters. A native of Maryland, Bevard works in oils, acrylics, watercolors, graphite and pen and ink to create realistic pieces rich in depth and detail. In addition to his humorous images, his subject matter often centers on serious renditions of the area's scenic beauty, animals and birds. He has been painting since the late 1980s. You can find an extensive selection of prints and originals in his Bowie gallery/studio and at the many art shows he attends throughout the year. *Open year-round by appointment.* (HC) (301) 467-6870, www.robertbevard.com

www.somdtrails.com



To Queen Anne Farm from the intersection of Route 50/301 and Route 197: Take exit 13 to Route 301 S. toward Richmond. Go 4.2 miles to ramp to Route 214 (Central Avenue) toward Washington. Farm is 1.5 miles on LEFT.

Queen Anne Farm, Inc.

18102 Central Avenue, Mitchellville

Be careful, or you might just drive off the road when you pass Queen Anne Farm's stand! The Brady family does an amazing job of arranging autumn festivities to be a feast for visitors' eyes. Big-bellied pumpkins pouring over hay bales, winter vegetables that match the colors of the changing leaves, scary noises, smiling faces, pumpkin carving, barnyard animals and holiday treats make this one stop you can't miss. This pumpkin patch boasts seven varieties of pumpkins ranging from a tiny two ounces to over 200 pounds! A new Colonial Indian garden and a menagerie of enormous critters made of hay make this place bales of fun! *Open Sept. 15 through Oct. 31 Mon. - Fri. 10 a.m. to 6 p.m., Sat. and Sun. 9 a.m. to dusk.* (301) 249-2427, www.queenannefarm.com



Continue on Route 214 W. for 5.3 miles to LEFT on Route 193 E. Go 0.8 miles to RIGHT into Watkins Regional Park and follow signs to farm.

Old Maryland Farm

301 Watkins Park Drive, Upper Marlboro

Tucked away in an incongruous suburban setting, Old Maryland Farm is an educational site featuring agricultural exhibits, livestock, display gardens and demonstrations such as canning and gardening. It's a popular destination for groups and school tours, providing a chance for kids (of any age) to get a close look at farm animals, peacocks, llamas and more. And for those wanting *more* than a close look, plenty of volunteer opportunities are available. (301) 218-6770, www.pgparcs.com/places/nature/oldmd.html

Backtrack to Route 301 S. (Crain Highway), then go 2.5 miles to traffic light at Leeland Road, make U-Turn onto Route 301 N. and go 0.2 miles to farm on RIGHT.

Montpelier Farms, LLC

1720 North Crain Highway, Upper Marlboro

Long a working farm, Montpelier Farms has recently burst onto the agritourism scene with a host of fall adventures and activities. Its large themed maze is one of the biggest around at nearly 19 acres. Montpelier also offer a smaller Finger Fortune maze; little ones dip a different finger in colored chalk at maze stations and have their fortune told when all five fingers are dusted. With more than 10,000 pumpkins to choose from (none more than \$10), you'll certainly connect with the perfect one. Not done with the fun? Leave your prize in Pumpkin Daycare! Put him in a cradle, take the tag and he'll stay safe while you play for the rest of the day. Take a hayride, master the pedal tractors, purchase fresh produce at the country store and meet Daisy, DeeDee and a whole host of farm animals. Consider the 10-acre events field with covered pavilion or one of their private campfire sites for your next corporate picnic, family reunion or birthday party. **Open Fri. 5 p.m. to 11 p.m., Sat. 10 a.m. to 11 p.m., Sun. 11 a.m. to 7 p.m. and weekdays by appointment.** (410) 320-0464, www.pgcornmaze.com



Tell us about YOUR Trails adventure at www.somdtrails.com



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Back to 301 SOUTH (requires U-turn), 5.6 miles to LEFT on Croom Station Road, 1.5 miles to LEFT on Route 382 (Croom Road), 0.8 miles to LEFT on Mount Calvert Road (not Mount Calvert Road Spur), then 1.5 miles to farm on RIGHT.



Alpaca Yarn & Fiber Shop at Pax River Alpacas

15775 Mount Calvert Road, Upper Marlboro

Located at Pax River Alpacas, a working alpaca farm, the Alpaca Yarn & Fiber Shop offers a smorgasbord of tempting treats for those who love the look and feel of authentic fiber. If you knit, crochet, weave or spin, you'll find a varied selection of luxurious alpaca yarns, including gorgeous novelty yarns and alpaca blends, many from the farm's own animals. Purchase the perfect skeins for your next project, then step outside and meet the alpaca that they came from! (Ask about holding your next club meeting here to knit, crochet, spin, etc.) The shop carries a large selection of handmade scarves, shawls, hats and even socks, so if you're not in the mood to make it yourself, you can still come away with a personal treasure or a thoughtful gift. Owners Don and Sue Rosche offer occasional seminars for anyone interested in raising alpacas. *Open year-round Wed. afternoon – Sat., flexible hours.* (301) 627-4924, www.paxriveralpacas.com



Unearthing the Secrets of Our Lost Towns

Dig this: Archaeologists are studying remains of a handful of Maryland's Colonial towns that boomed during the early 1700s, but faded mysteriously into oblivion through the years. Exploring these "lost towns" provides fascinating insights into the cultural evolution of the region. In some cases, a complex series of laws, proclamations and changing regulations may have played a part in their rise and fall. But for many of these towns, the explanation for their disappearance may never be fully understood. At many sites, including **Mount Calvert Historical and Archaeological Park** and **Historic London Town and Gardens**, the public can participate in ongoing digs. Just think, you might uncover a coin once used by a 1730s manor lord or a crock used to cook meals for a Colonial family. Find out more at www.losttowns.com.

Continue EAST on Mount Calvert Road 0.9 miles to park entrance on LEFT.

16 Mount Calvert Historical and Archaeological Park

16302 Mount Calvert Road, Upper Marlboro

Part of the Patuxent River Park, this site explores the confluence of three cultures – Native Americans, Colonists and black Americans. Visitors can participate in ongoing archaeological digs most Saturdays from April to October (*call ahead*) and see artifacts and exhibits from Colonial life of the region including evidence of the old courthouse, ordinary, jail and church. This area was once the site of Charles Town (one of the area's *lost towns*), which was the county seat of Prince George's from 1696 to 1721, and of a ferry that barged to Upper Marlboro along the Patuxent River. (Relic or artifact collecting is prohibited.) **Park open year-round 8 a.m. to dusk. Exhibit open April through Oct. Sat. 10 a.m. to 4 p.m., Sun. noon to 4 p.m. Weekday group tours by appointment.** (HC) (301) 627-1286, www.pgparcs.com



Rhyolite chips and a spear point from a Mount Calvert excavation.

Go STRAIGHT out of park; 1 mile (from gates) to LEFT on Duvall Road. Go 0.9 miles to fork to Croom Airport Road (stay straight), then 0.6 miles to park entrance on LEFT.

Patuxent River Park, Jug Bay Natural Area

16000 Croom Airport Road, Upper Marlboro

Jug Bay is one of the most important tidewater estuaries of the Chesapeake, and its marshes provide opportunities for scientific research, environmental monitoring and public education. The area offers more than eight miles of scenic woodland trails for hikers, bicyclists and horseback riders as well as facilities for picnics and camping. Fishing and hunting are also popular here. The park has two boat ramps; visitors can bring their own boats or rent kayaks or canoes on site. (***A special-use permit or reservation is required for all activities.***) While here, be sure to visit the Patuxent Rural Life Museums, dedicated to preserving the heritage of southern Prince George's County. There are seven buildings: The Duvall Tool Museum, the Blacksmith Shop, the Farrier and Tack Shop, a Tobacco Farming Museum and the 1880 Duckett Log Cabin with its privy, chicken coop and meat house. Visitors can also explore the Chesapeake Bay Critical Area Tour, a four-mile roadway open daily for hiking and bicycling, and on Sundays for vehicles. (It connects Jug Bay Natural Area with Merkle Wildlife Sanctuary.) **Open year-round daily, dawn to dusk.** (HC) (301) 627-6074, www.pgparcs.com



The marshes of Jug Bay serve as natural field laboratories.

The Turnbuckle Hop



Be Picky

Want some juicy, drippy, slurpy yummy fun this summer? Go to a pick-your-own berry farm. Here are some tips for a great

outing: Pick early in the day (the fruit is cooler and you will be too)! Berries should be at least three-quarters ripe.

They'll continue to ripen over the next several days (but unripe berries will not ripen once picked).

Wear old shoes, a wide-brimmed hat and slap on some sunscreen. Have fun!

Go **RIGHT** out of park onto Croom Airport Road; go 2.1 miles (bear left at fork to stay on Croom Airport Road) to **LEFT** on Route 382 (Croom Road), then 1 mile to **LEFT** on St. Thomas Church Road (becomes Fenno Road), then 2.9 miles to park entrance on **LEFT**.

18 Merkle Wildlife Sanctuary 11704 Fenno Road, Upper Marlboro

This tract of land belonged originally to Edgar Merkle, an active conservationist who set out to encourage Canada geese to overwinter here by improving their habitat on his farm. Eventually the Merkle family sold the land to the state, and the site has grown to encompass 1,670 acres.

Merkle's plan worked; in the winter as many as 5,000 geese can be seen feeding and resting in the fields below the visitor center. Exhibits inside the center focus on the life history and management of the Canada goose, and there's a Discovery Room complete with live snakes, frogs, turtles and other wildlife. (Kids love it!) Outside, bird-watchers can often glimpse bluebirds, osprey, hummingbirds, finches and purple martins. A Critical Area Driving Tour (CADT) connects to the Patuxent River Park and is open for hiking, biking and horseback riding daily (and to cars on Sundays only). It's worth noting that this route features pull-outs that are handicapped-accessible. **Grounds open 7 a.m. to sunset. Visitor center open 10 a.m. to 4 p.m. Sat. and Sun. CADT open to cars Sun. 10 a.m. to 3 p.m. only.** (301) 888-1410, www.dnr.state.md.us/publiclands/southern/merkle.html

Go **SOUTH** on Fenno Road 0.8 miles to sharp **RIGHT** on Nottingham Road. Go 1.6 miles to **LEFT** on Croom Road, 1.1 miles to slight **RIGHT** on Baden Naylor Road, 3.7 miles to **LEFT** on Baden Westwood Road, then 0.6 miles to entrance on **LEFT**.

19 Tanner's Enchanted Forest 14300 Baden Westwood Road, Brandywine

This is certainly a family experience. In fact, it's the entire Tanner family you'll meet at this Christmas tree farm: mom, dad, children and grandchildren, all wearing red sweatshirts to match their rosy cheeks. The Tanners invite you to experience farm life, take a walk through the woods, bring a picnic and your pup on a leash. Visit with the horses, chickens and geese. Warm up to a cup of spiced tea and cookies as you pick a wreath for your front door. This family will send your family home with a lot more than the perfect tree; you'll take with you an old-fashioned faith in the Christmas spirit. **Open Thanksgiving through Christmas, Sat. and Sun. 7 a.m. to 5 p.m.** (301) 579-2238, www.tannerstrees.com



Backtrack 0.6 miles to LEFT at fork (to stay on Baden Westwood Road). Go 0.4 miles to RIGHT on Brandywine Road, 0.7 miles to LEFT on Cedarville Road, 2.7 miles to LEFT on Bee Oak Road, then 1 mile to entrance/office on RIGHT.

Cedarville State Forest

10201 Bee Oak Road, Brandywine

There is much to explore in this multi-use park, and five easy trails (ranging from two to seven miles long) make it easy for hikers, bikers, bird-watchers and others to roam the grounds. The area has a rich heritage; it is believed to have been the winter hunting grounds of the Piscataway Indians (and it's rumored that ancient burial grounds exist somewhere within the park boundaries, but this has never been proven). In the 1930s, under President Roosevelt, the Civilian Conservation Corps created Cedarville's roads and trails, and the park became (and still is) a demonstration forest for those interested in effective forestry management techniques. The park hosts a large owl population, as well as eagles, osprey, ducks, geese and pileated woodpeckers. Another interesting feature is the Cedarville Bog, home to several species of insectivorous plants. (Northern pitcher plant and round leaf sundews can be seen June through August.) The pink lady slipper, another rare plant, can be seen in spring. Fishing and hunting are permitted here. Family and group campsites with electric hook-ups are available. **Open year-round Mon. – Sat. 9 a.m. to 4 p.m. Grounds open sunrise to sunset.** (301) 888-1410 (for equestrian camping); 1-888-432-2267 (for family camping, youth group camping, pavilion rentals), www.dnr.state.md.us/publiclands/southern/cedarville.html

Backtrack to LEFT on Cedarville Road. Go 2.3 miles to RIGHT on Route 301 (Crain Highway), then 2.4 miles to RIGHT on Route 381 (Brandywine Road). (Bear left at Route 301/ Route 5 split.) Go 0.1 miles to white building on RIGHT.

New York Italian Deli

13700 Old Brandywine Road, Brandywine

Owner John Russo brings his 38 years of experience working in New York eateries to this little corner of Brandywine. The deli serves authentic New York Italian-style food against a background of Italian music and '60s movies playing all day. Sit outside if the weather is nice. **Open Mon. – Thurs. 6 a.m. to 8 p.m., Fri. and Sat. 7 a.m. to 9 p.m., Sun. 10 a.m. to 5 p.m.** (HC) (301) 782-3444



Feed Me!

Most plants just soak up the sun, but when *these* babies chow down, they munch on meat, in the form of insects. Think these botanical oddities, known generically as **carnivorous** or **insectivorous plants**, can only be found on faraway, exotic isles? Nope. Several kinds, including round leaf sundews and northern pitcher plants, grow right here.



October is Trails Month!

The Turnbuckle Hop



Bits of Beauty

The monarch (top) and American lady butterfly, (inside and outside of wings shown above) can be seen at many sites along this Trail.

Go WEST on Route 381 (Brandywine Road). (Go STRAIGHT through intersection with Route 5, then stay RIGHT to remain on Brandywine Road.) Go 4 miles to LEFT on Thrift Road, then 1.7 miles to RIGHT into nature center.

Clearwater Nature Center

11000 Thrift Road, Clinton

Clearwater Nature Center in Cosca Regional Park is a surprising natural oasis in the midst of an area that is largely residential. Education is a key goal here; park naturalists offer a variety of interpretive programs in addition to live animal exhibits, displays (including an indoor pond), a lapidary (rock-cutting) laboratory and seasonal herb and butterfly gardens. Sign up for events like “CSI: Critter Scene Investigation,” or learn to make silver clay jewelry. (See the extensive events calendar on the web.) Visit the resident bald eagle (a rescue) or watch a falconer demonstration. (Live birds and animals are sometimes “on the road” for demonstrations, so call ahead and plan accordingly.) *Open year-round Mon. – Sat. 8:30 a.m. to 5 p.m., Sun. 11 a.m. to 4 p.m.* (HC) (301) 297-4575, www.pgparcs.com

Backtrack to LEFT on Brandywine Road. Go 0.9 miles to RIGHT on Route 223 (Woodyard Road), 3.3 miles to RIGHT on Rosaryville Road, then 2.6 miles to LEFT on Route 301 N. (Crain Highway). (On this leg, you will pass the entrance to Mount Airy Mansion, on the park grounds; use this entrance for special events only.) Go 1.8 miles to LEFT into park, just before light at Osborne Road. Follow signs.

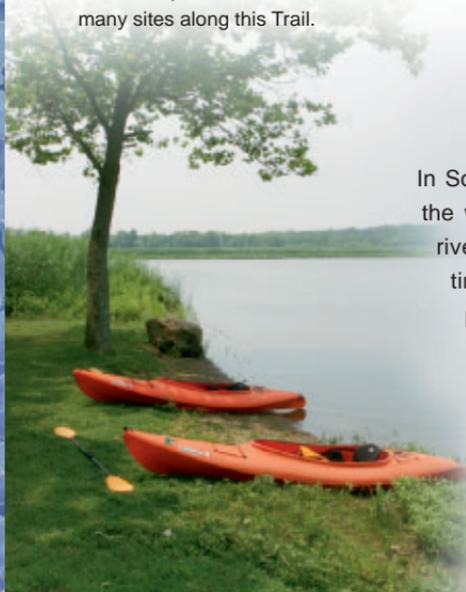
Rosaryville State Park

8714 Rosaryville Road, Upper Marlboro

Once an old tobacco plantation, Rosaryville Park is now a 982-acre, day-use park with approximately 10 miles of trails for birding, horseback riding, hiking and mountain

Who You Gonna Call?

In Southern Maryland, five *Riverkeepers* roam the waterways, actively protecting our area's rivers. Sometimes acting as sheriff, sometimes as sleuth, the riverkeeper punishes polluters, tracks potential problems and works closely with government agencies, private citizens and organizations to protect critical areas. He keeps up with environmental laws, zoning laws, county codes and ordinances. He



biking. The trails wind through mixed hardwood forests, fields and wetlands. Many acres of densely vegetated “edge habitat” (where fields and forests meet) contribute to a large diversity of birds, butterflies and wildlife. (Take sunscreen and bug spray to this site!) In another part of the park, you’ll find the beautiful historic Mount Airy Mansion, which can be rented for special occasions. ***Open year-round sunrise to sunset.*** (301) 888-1410, www.dnr.state.md.us/publiclands/southern/rosaryville.html

Continue NORTH on Route 301 (Crain Highway). Go 3.8 miles to RIGHT on Route 4 E. (toward Prince Frederick), 2.9 miles to slight RIGHT on Plummer Lane, then 0.5 miles to RIGHT on Wrighton Road. Go 0.4 miles to park entrance.

Jug Bay Wetlands Sanctuary 1361 Wrighton Road, Lothian

Jug Bay Wetlands Sanctuary is 1,400 acres dedicated to environmental education, research and habitat preservation. The Railroad Bed Trail (the abandoned route of the defunct Chesapeake Beach Railway) takes hikers through three types of habitat: low marsh (ruled by tidal changes), high marsh (containing more species of plants than almost any type of habitat in the world) and swamp (containing small trees and shrubs). Wild rice grows in the estuary, which is home to the sora rail, a thin bird from which the expression “thin as rail” came. (The birds are slender enough to fit between the blades of wild rice.) Learn lots more tidbits like these on a guided boat or hiking trip (group trips available). Want to see the stars? Some night trips are available on celestially important dates. ***Open Feb. through Nov. Wed., Sat. and Sun. 9 a.m. to 5 p.m.*** (410) 741-9330, www.jugbay.org



Tell them you found them on the Trails!



... Riverkeepers Advocate, Educate, Protect!

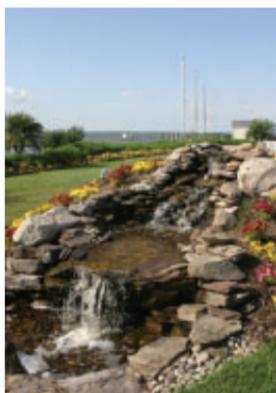
fields questions and responds to complaints. (He may even rescue a waterbird tangled in a line or a boater trapped on a sand bar.) He is a full-time, privately funded, nongovernmental advocate, and he acts as a voice for his river and the communities that surround it.

The Patuxent Riverkeeper, Fred Tutman, can be found on Queen Anne Road in Upper Marlboro. In addition to the impressive duties outlined above, Fred and his assistant grow appropriate tree seedlings for riparian areas. You can volunteer to help keep our rivers healthy! (301) 249-8200, www.paxriverkeeper.org.

The Turnbuckle Hop



Tell us about YOUR
Trails adventure at
www.somdtrails.com



Backtrack to RIGHT on Route 4 E. (toward Prince Frederick). Go 1 mile to RIGHT on Route 258 (Bay Front Road). Go 2.5 miles to entrance on RIGHT.

25 🌿 Greenstreet Growers, Inc.

391 West Bay Front Road, Lothian

The “roots” of Greenstreet Growers go back to the mid-70s, when the then 55-acre farm grew plants for Ball Seed Company’s wholesale customers. Today, the working farm and thriving garden and landscape center, Greenstreet Gardens, is a destination known for its extensive selection of plants, (many grown in a 160,000-square-foot, state-of-the-art greenhouse), its warm and friendly staff and a fun and festive atmosphere. Each season brings new products and special events: fall means pumpkins and a corn maze, and the Christmas season brings thousands of blazing poinsettias. It’s a great place for families – just ask owner Ray Greenstreet; he, his wife and three kids live on the property and have made this a true family business. *Open year-round Mon. – Fri. 9 a.m. to 5 p.m., Sat. – Sun. 9 a.m. to 4 p.m. (Extended seasonal hours.)* (HC) (410) 867-9500, www.greenstreetgardens.com

Continue WEST on Route 258 (Bay Front Road) 1.6 miles to RIGHT on Route 2 (Solomons Island Road). Go 0.4 miles to the intersection of Route 2 and Route 256 (Deale Road).

To continue on the main loop of this Trail, go LEFT (EAST) on Route 256 (Deale Road) toward Herrington Harbour North Historic Village. Or...**GET SIDE-TREKKED!** (*This spur takes you to Herrington Harbour South.*) Continue SOUTH on Route 2 (Solomons Island Road) 3.1 miles to LEFT on Route 261 (W. Friendship Road). Go 3.9 miles to resort on LEFT.

26 🌊 Herrington Harbour South Marina Resort

7161 Lake Shore Drive, Rose Haven

Take a Southern Maryland day on the Bay and add a splash of paradise, and you’ll get a sense of the experience offered by this resort. The Historic Yacht Club is home to top chefs, indoor catered events and Mango’s Bar & Grill. The inn was built in the 1950s, during the big band swing era and the arts and crafts style architecture blends well with the rain gardens blooming throughout the warm season. Overnight guests at The Inn at Herrington Harbour have access to many amenities, including beaches, an Olympic-size pool, hot tubs, volleyball, a fitness center, sauna and much more. The beautifully landscaped grounds arranged against the backdrop of endless water would make a perfect venue for a wedding or other special event; check the website for the full scoop on all that’s available here. *Open April through Oct., 8 a.m. to 10 p.m. Nov. through March, 8 a.m. to 8 p.m.* (HC) (410) 741-5100 ext. 100, www.herringtonharbour.com

From here, if you would like to join the *Fossils and Farmscapes Ramble*, take Route 2 (Solomons Island Road) SOUTH and join with site #1 on the Trail.



From the intersection of Route 256 (Deale Road) and Route 2 (Solomons Island Road), go EAST on Route 256 (Deale Road) 1.6 miles to this site. (Turn into Herrington Harbour North on RIGHT; village is immediately on RIGHT at entrance.)

27 **Herrington Harbour North Historic Village** *389 Deale Road, Tracy's Landing*

Tucked inside a comprehensive eco-lifestyle marina, Herrington Harbour North Historic Village is an effort to preserve local 19th-century architecture that would otherwise be lost to development. A work in progress, the village includes nine structures that have been moved here from throughout Southern Maryland, including a one-room school, residence, African-American meeting house and a log smokehouse. The museum offers insight into the simple life of the average citizen at the turn of the century through exhibits, furniture and photographs from the Deale area. The grounds are always open, and buildings are open during limited hours or by appointment (call 410-867-4911), with docents provided by the Deale Area Historic Society. The website lists special events and demos. **Grounds open year-round daily. Buildings open May through Oct. Sun. 1 p.m. to 4 p.m.** (410) 867-4343, www.herringtonharbour.com

Continue on Route 256 (Deale Road) 3.7 miles to Route 468 (the road takes a right turn at 0.6 miles over a small bridge, then at 0.3 miles turns sharply to the left). Go RIGHT on Route 468 (Shady Side Road), 3 miles to RIGHT onto E.W. Shady Side Road, then 0.4 miles to LEFT into parking area.

28 **Captain Salem Avery House Museum** *1418 E. W. Shady Side Road, Shady Side*

This museum, owned and operated by the Shady Side Rural Heritage Society, is a tribute to the watermen who shaped this area's history. This historic home was once the residence of Captain Salem Avery, a Long Island fisherman; the library here holds a collection of oral history tapes. Visitors can view the boat display, including the *Edna Florence*, a Chesapeake Bay Deadrise, built to fish local waters. Exhibits explore the life of a waterman and the seasons of the Chesapeake Bay. Check the website to see the many special events, including a Friday night café series, winter luncheon series and periodic photo exhibits. **Open April through Dec., Sundays only, 1 p.m. to 4 p.m. or by appointment (HC)** (410) 867-4486, www.shadysidemuseum.org



Privy Trivia

The crescent moon cutout on an outhouse door dates to Colonial times. These openings let in air and light, but did you know they designated gender? Women's toilets were marked by a moon, and men's sported a star. (It's thought that most outhouses that have survived to the present were women's, since they were better kept!)

Gardening Is Good for You!

For every 30 minutes of vigorous weed pulling, seed planting, etc., you burn 200 calories. Gardening, like most exercise, can reduce your risk of heart disease, high blood pressure and many other ailments.



The Turnbuckle Hop



Backtrack to LEFT on Route 468 W. (Shady Side Road) (eventually becomes Muddy Creek Road). Go 11.7 miles to LEFT on Route 214 W. (Central Avenue), 0.7 miles to RIGHT on Route 253 N. (Mayo Road), 0.4 miles to RIGHT on Londontown Road, then 1.2 miles to entrance straight ahead.



Historic London Town and Gardens

839 Londontown Road, Edgewater



In the early 1700s, London Town was a thriving port of call for ships exporting tobacco to Britain and others bringing slaves and white indentured servants to the colonies. For reasons not quite clear, the town faded into history, until nothing remained but the large brick tavern built by ferry master William Brown. Today, the site is a unique window into the history of the tidewater region — ongoing archaeological digs, recreated buildings, historic gardens and costumed docents provide a glimpse of Colonial times. The historic gardens include a kitchen garden, an African-American garden documenting foods brought from Africa and a medicinal garden with period herbs and plants. This is also the site of 12 acres of botanical gardens including a woodland garden, a lavish ornamentals garden, spring ephemerals and much more. *Open March through Dec. Wed. – Sat. 10 a.m. to 4 p.m., Sun. noon to 4 p.m. Closed Mon. and Tues* (HC) (410) 222-1919, www.historiclondontown.org



Grab Your Shopping List and Head for the Garden!

The next time you take a heaping helping at your favorite restaurant's salad bar, imagine what it would be like to grow almost everything you and your family eat every day. In Colonial times, a kitchen garden of at least a quarter-acre was needed to support the average family. The housewife and her helpers spent **40 or 50 hours a week** planting, watering, weeding, harvesting and gathering seeds (*according to a sign at London Town Gardens*). Several sites along the Trails cultivate speciality gardens as a way to help visitors understand the rigorous demands of life in this era. If you are interested in learning more about this gardening niche, be sure to visit **Historic St. Mary's City** on the Barnwood and Beach Glass Loop, or the **National Colonial Farm at Accokeek Foundation/Piscataway Park** on the Heron's Flight.





Farmers' Markets

on the Turnbuckle Hop

Anne Arundel County Farmers' Market

Early April through mid-Dec. Sat. 7 a.m. to noon; mid-June through late Oct. Tues. 7 a.m. to noon. Located at the corner of Harry S. Truman Parkway and Riva Road.

Deale Farmers' Market

Early July through late Oct. Thurs. 3 p.m. to 6 p.m. Located in the Cedar Grove United Methodist Church parking lot, 5965 Deale-Churchton Road.

DNR Farmers' Market

Early June through late Sept. Thurs. 3 p.m. to 6 p.m. Located in the DNR parking lot off Taylor Avenue in Annapolis.

Severna Park Farmers' Market

Late April through late Oct. Sat. 8 a.m. to noon. Located in the park and ride lot on Jones Station Road and Ritchie Highway (Route 2) in Severna Park.

Westfield Annapolis Farmers' Market

Early May through late Oct. Sun. 11 a.m. to 3 p.m. Located at Westfield Annapolis Mall in the mall parking lot next to Sears automotive repair shop.

Cheltenham Farmers' Market

Mid-June through late Oct. Sat. 9 a.m. to 2 p.m., Sun. 10 a.m. to 1 p.m. Located at 11701 Crain Highway (Route 301) in Cheltenham, under the pavilions (next to the veterans cemetery).

Greenbelt Farmers' Market

Mid-May through mid-Nov. Sun. 10 a.m. to 2 p.m. (Closed Memorial Day weekend.) Located in the Roosevelt Center parking lot.

Hyattsville Farmers' Market at Queens Chapel Town Center

Mid-June through late Oct. Tues. 2 p.m. to 6 p.m. Located behind the shopping center at Queens Chapel Road and Hamilton Street

Laurel Farmers' Market

Late May through late Oct. Thurs., 9 a.m. to 2 p.m. Located in the 300 block of Main Street.

Mount Rainier Farmers' Market

Early June through late Nov. Sat. 9 a.m. to 1 p.m. Located at 1 Municipal Place next to Mount Rainier City Hall off Rhode Island Avenue.

Riverdale Park Farmers' Market

Early April through mid-Nov. Thurs. 3 p.m. to 7 p.m. Located in the MARC parking lot off Queensbury Road in Riverdale.

There are MORE farmers' markets on the Turnbuckle Hop! Download the full So. Maryland, So Good Farmers' Market Guide at smadc.com