

Barnwood and



It's fitting that this Trail should be a long, lazy loop, that it should take its time winding down to the Chesapeake Bay and back, with frequent slow side trips to the rivers that sketch the outline of St. Mary's County. There have been startling changes here in recent years, yet most of the roads still lead to places of quiet and beauty. The views are punctuated by a recurring counterpoint of tobacco barns, the weathered wood a reminder that it's best to go slowly and savor a way of life that still celebrates good conversation and good neighbors ... a way of life rooted in a place as old as our nation itself.

At this relaxed pace, you'll find a feast of details to touch and see and feel. Shells and scraps of glass scoured smooth by the surf create a mosaic along the water's edge at St. Clement's, and you're never far from the sheer joy of beach sand between your bare toes. There are a thousand small delights to explore: the soft touch of alpaca wool at Crazy for Ewe, the spicy scent of boxwood at Woodlawn, the sparkle of stained glass at the North End Gallery. At the Blue Wind Gourmet, Rob Plant will introduce you to local wines and lunches made with fresh



Beach Glass Loop

ingredients. And for dinner at Café des Artistes, you'll taste seafood caught by captains that call Southern Maryland home.

You'll visit the studios of artists like Sarah Houde, where you can watch glazed clay emerge from the kiln as a fired fish platter, and the farm at Evergreen Acres, where Roger and Nancy Lavoie can help you cut the perfect, pine-scented centerpiece for your holiday. And you'll find — just for a while — that you've stepped inside an experience that is truly extraordinary.

In the end, we hope you come away with a renewed sense of adventure ... with an appreciation for the history and spirit we have found here ... with a unique memory and some new friends. We hope you take a new look at some familiar places. And in the end, we hope you find all the things you didn't know you were looking for.



Barnwood and Beach Glass Loop



Barnwood and Beach Glass Loop



www.somdtrails.com



Start this Trail at the **St. Mary's County Welcome Center**, just south of the Charles County line at the intersection of Route 5 and Charlotte Hall School Road. You can access the first site (Three Notch Trail) just west of the Welcome Center.

1 Three Notch Trail

This paved hiking/biking trail will eventually run from Hughesville to Lexington Park along the 28-mile, county-owned railroad right of way (parallel to Three Notch Road). The northernmost sections are already complete and have been discovered by happy hikers, bikers, walkers and horseback riders. *Open year-round sunrise to sunset.* www.co.saintmarys.md.us/recreate/facilities/threenotchtrail.asp. (HC) (301) 475-4200, ext. 1800

From the Welcome Center, go SOUTH on Route 5 (Leonardtown Road) 4.4 miles to RIGHT to stay on Route 5; go 1.2 miles to RIGHT on Avie Lane.

2 Forrest Hall Farm and Orchards

39136 Avie Lane, Mechanicsville

Forrest Hall Farm was one of the first to join the "maze craze," and owners Mary and Joe Wood have been making mazes for years. "But don't worry, we haven't lost anyone yet," Mary frequently tells visitors. Miles of trails wind through the maze (there are shortcuts!), and when your maze trek comes to an end, you can start your shopping for fall farm goodies: mums, pumpkins and such, plus preserves and gifts in the farm store. (Be sure to visit the "nostalgia corner.") Little ones can roam the pumpkin patch and pick out one "for the road." There are farm animals, games, hayrides and more. You can also get fresh garden produce, apples, peaches and strawberries in season. *Open Aug. through Nov. (call for exact dates) Sat. – Sun. 11 a.m. to dusk.* (HC) (301) 884-3086, www.forresthallfarm.com

Continue on Route 5 (Leonardtown Road) 1.7 miles to RIGHT on Route 238 (Chaptico Road). Go 3.6 miles to circle; exit circle at Route 238 (now Maddox Road). Go 5.2 miles to RIGHT into Longview Beach development. (Road becomes Pleasant Lane.) Continue 1.2 miles to LEFT on Wicomico Drive, then 0.4 miles to house on RIGHT with bright red roof.

3 Painting with Fire/Artwear by Barbara Lewis

22626 Mill Creek Drive, Chaptico

Nestled on the waterfront of St. Mary's County overlooking tranquil Mill Creek is an artist's studio where you can "paint with fire without getting burned." Barbara's unique torch-firing enamel approach creates fanciful, romantic and fun-loving artwear for the woman who embraces the unexpected and makes a statement with her jewelry. Barbara welcomes you to her color-rich studio and creative workspace to try your hand at the torch or to have a unique shopping experience. She teaches nationally at workshops and at her studio, and she will produce the first-ever book on this technique published by North Light Books in 2011. *Open year-round by appointment only.* (HC) (301) 643-3151, www.paintingwithfireartwear.com



Farmers' Markets

on the Barnwood and Beach Glass Loop

California Farmers' Market
Early March through late Oct. Sat. 9 a.m. to 1 p.m. Located in BAE parking lot on Route 235 and Town Creek Drive in California.

North St. Mary's County Market
April through Dec. Mon. – Sat. (daylight hours). Located in the Charlotte Hall Library parking lot at the corner of Route 5 and Route 6.

Farmers' Market on the Square, Leonardtown
Early April through late Sept. Fri. 11 a.m. to 5 p.m. Located on Washington Street on the Square in Leonardtown.

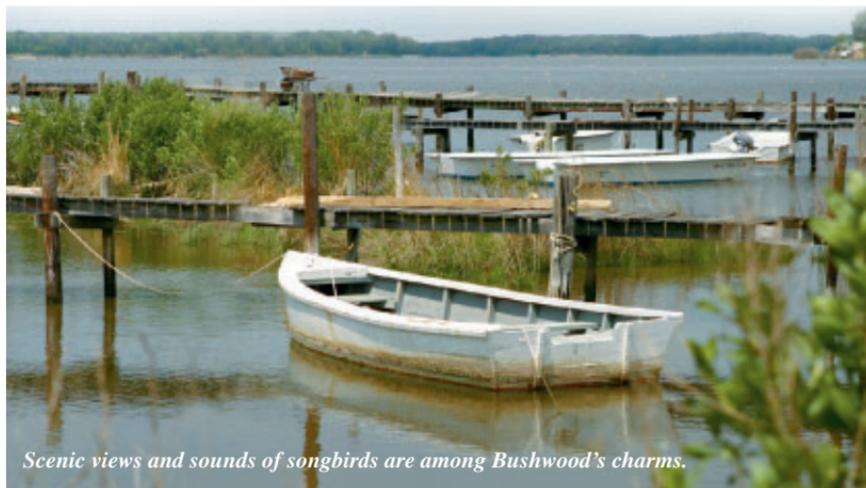
Download the full *So. Maryland, So Good Farmers' Market Guide* at smadc.com.

Backtrack to RIGHT on Route 238 (Maddox Road). Go 1.1 miles to RIGHT on Bushwood Road, 1.4 miles to RIGHT on Bushwood Wharf Road (at stop sign), then 0.3 miles to...

 **Robert E. Pogue Memorial Park
 at Bushwood Wharf**

Bushwood Wharf Road, Bushwood

While this spot functions primarily as a public boat launch, complete with ramp and pier, it's also a beautiful spot to drink in the scenic view, eat a picnic lunch and listen to a breeze rustling the reeds. (If you didn't bring a picnic, you can walk across to Quade's Store and pick up snacks in a snap!) It's a great site to spot red-shouldered blackbirds, egrets and herons, and to relax and recharge the soul. ***Open daily sunrise to sunset.*** (301) 475-4200, ext. 1811, www.co.saint-marys.md.us/recreate/facilities/publiclandings.asp



Scenic views and sounds of songbirds are among Bushwood's charms.

Barnwood and Beach Glass Loop



Just a few hundred yards farther to ...

5 Quade's Store

Bushwood Wharf Road, Bushwood

Alice Quade has run this family business for 75 years, and the sight of her behind the counter feeding hordes of hungry locals is as much a part of the area as the osprey overhead and the work boats on the river. Take a seat by the window, crack the morning paper and watch the watermen unloading at the Bushwood Wharf pier while you wait for a crab cake sandwich or savory soup that she and her grandson George make by hand. With a lunch counter on one side and a bar and fishing supplies on the other, Quade's is a favorite for boaters, for locals and for those who know this is one of the best fishing spots around. **Diner open Thurs. – Sat. 7:30 a.m. to 7:30 p.m., Sun. til 6 p.m. Store open daily.** (301) 769-3903



Go **RIGHT** out of parking lot on Bushwood Wharf Road. (Keep right at fork.) Go 1 mile to ...

6 Southern Comfort Berry Farm

37450 Bushwood Wharf Road, Bushwood

Here's a sweet incentive to spend a few spring hours on a farm with the family ... juicy ripe strawberries! Owners Kari and Kevin Ritchey have some already picked and waiting, or you may wander through the berry patch in search of your own choice morsels. If the kids get tired of picking, send them off to the petting park, the pedal tractors, the giant sandbox or the maze. (You can keep an eye on the entire play area while you pick.) There's a farm store where you can purchase preserves and other goodies, and nearby, you can get a peek at several longhorn cattle (which the Ritcheys raise for breeding stock and for delicious lean beef). **Open May through early June Mon. – Fri. 10 a.m. to 5 p.m., Sat. 8 a.m. to 5 p.m., Sun. noon to 5 p.m. (Call first to check on crop availability.) Open in the fall by appointment for group events and school tours.** (HC) (301) 769-3878, www.southerncomfortberryfarm.com

www.somdtrails.com



Go 0.2 miles to **LEFT** on Route 242 (Colton's Point Road), then 0.4 miles to farm on **LEFT**.

7 Moore or Less Farm

22467 Colton's Point Road, Bushwood

Your first view of this 65-acre farm owned by Moe and Elissa Moore will be the restored 75-year-old tobacco barn and colorful farm stand stocked with fruits, vegetables, seasonal flowers and alpaca products made from their own alpacas. If you want to experience more of this fascinating farm (a working tobacco farm until 2005) you'll need to make an appointment, and the Moores will introduce you to their high-quality Suri alpacas as well as various cows, chickens, pigs, and even Minnie Pearl, the resident miniature donkey. Many things are planned for this farm in the coming years, including pick-your-own blackberries and raspberries and choose-and-cut Christmas trees. Come back often and see what's new. **Open April through Dec. Sat. and Sun. 8 a.m. to 6 p.m.** (HC) (301)769-2210, www.mooreorlessfarm.com

RIGHT out of driveway on Route 242 (Colton's Point Road), then 4.2 miles to studio on RIGHT. (Look for blue sign.)

8 Colton's Point Studio and Artist's Retreat Sharon Balenger

20259 Colton's Point Road, Colton's Point

As you study the sculptures by artist Sharon Balenger, you're struck by the intensity of raw emotion immortalized in the rough red clay and earthy glazes, and yet there's a touch of gentleness even in the most wrenching poses. Many of the works are based on patients she meets in her job as a registered nurse (pain management therapist); some are elderly or Hospice patients that she has known through the years. Sharon started sculpting at age 50 as an outlet for the stress of her job, and she has recently branched into abstract painting as well. (She also offers painting and sculpture lessons.) And there's an additional treat here ... next to the studio is a detached apartment "retreat" available to rent. Fully furnished, it sleeps four and has a full kitchen. It would make a perfect getaway for a working artist (with studio privileges), or anyone who enjoys art, as it's decorated with Sharon's painting and sculptures. It's near the water for those who enjoy beachcombing and early-morning strolls. *Studio open year-round Mon. noon to 4 p.m. Open Sat. and Sun. Call ahead when possible. Apartment available by day, weekend or more.* (301) 769-3273



Beach Glass: Gorgeous Gifts From the Sea

All the crazy beach glass gurus come to the Chesapeake area from all over the world in hopes of finding smooth shards of glass that have become frosted and glistening from decades of tumbling and tossing under the surf.

In recent years, collecting these treasured nuggets has become a popular pastime. It takes decades to create pure beach glass, so prime hunting grounds are areas that, like here, had active seaports about a hundred years

ago. Some people turn these colorful nuggets into jewelry; others trade, display or just collect them. Orange and red are the rarest and most sought-after colors in the Chesapeake region.

Many believe beach glass will soon disappear, partly because of the explosion of plastic since the 1960s, and also because more people are becoming ecologically aware and no longer throw their trash overboard.



Barnwood and Beach Glass Loop



One block farther, turn LEFT on Point Breeze Road, then follow signs to the museum. Take the water taxi from the museum to the island.

9 St. Clement's Island Museum

38370 Point Breeze Road, Colton's Point

Explore the rich history of Maryland's Colonial beginning at the St. Clement's Island Museum. Exhibits and an orientation film interpret the history of St. Clement's Island, and be sure to see the mural depicting the landing of the original settlers. Visit the Potomac River Dory Boat Exhibit and the 1820s one-room school on the grounds. Take a water taxi to St. Clement's Island (call ahead for water taxi schedule) and explore the place where Maryland began. Enjoy hiking trails, picnic areas and the replica of the Blackistone Lighthouse. *Open year-round. March 25 through Oct. 1, daily 10 a.m. to 5 p.m. Oct. 2 through March 24, Wed. – Sun. noon to 4 p.m.* (301) 769-2222, www.stmarysmd.com/recreate/museums



10 St. Clement's Island / Blackistone Lighthouse

38370 Point Breeze Road, Colton's Point

St. Clement's Island is certainly among the most significant sites to define our state's heritage. It was here, in 1634, that the first Colonists came ashore and proclaimed this a land of religious tolerance. (The original inhabitants went on to establish their settlement in what would become St. Mary's City.) Today, a 40-foot cross commemorates the arrival of these settlers. A replica of the Blackistone Lighthouse (originally built in 1851) graces the island's skyline. The island is a state park, offering a picnic pavilion and a walking trail tracing the island's scenic shoreline. The island is available to the public year-round and is accessible by private boat or by the water taxi from the St. Clement's Island Museum. *Island open dawn to dusk. Water taxi tours available on weekends in season.* (301) 769-2222, www.stmarysmd.com/recreate/museums



On the Water

This symbol means that the site is on the water. Ask if you can come by boat!



Go back to RIGHT on Route 242, 2.6 miles to RIGHT on Hatchet Thicket Road, 1.4 miles to LEFT on Abell Road, then 0.1 miles to RIGHT on Morris Point Road. Go 0.5 miles to...

11 Morris Point Restaurant

38869 Morris Point Road, Abell

Like your crabs and fish fresh from the water? Chris and Deb Soussanin will whip up a delicious meal using local ingredients and just-caught seafood at this cozy, casual restaurant. If the weather's good, sit on the picnic tables at the water's edge and enjoy the view, the breeze and the sight of the birds and boats passing by. Better yet, pull up in your own boat and dock for the evening. This "small place with a big heart" is delightfully different; its scaled-down size makes for a friendly and intimate atmosphere and guarantees that you'll get personalized service. *Open Thurs. 5 p.m. to 9 p.m., Fri. 5 p.m. to 10 p.m., Sat. noon to 10 p.m., Sun. 10 a.m. to 8 p.m. Call for winter hours.* (301) 769-2500, www.morris-point.com





Get away to the cozy cottage at Colton's Shipping Point.

Go LEFT out of parking lot on Morris Point Road, 0.5 miles to RIGHT on Abell Road, then 1.5 miles to RIGHT (at Town and Country Market) on Route 470 (Oakley Road). (Turn BEFORE Route 242). Go 1.4 miles to RIGHT on Burch Road, then 1 mile to dirt driveway on RIGHT. Take LEFT fork to...

Colton's Shipping Point Farm Cottage

39244 Burch Road, Avenue

Acres of variable aged trees greet you by land or water as you approach this cozy cottage resting on the shore of St. Clement Bay. This 130-acre tree farm owned by John and Karen Colton, called Colton's Shipping Point, has been in the family since 1888. As you drive deeper into the woods, younger stands of trees give way to a mature forest ... a wonderland tucked away on the water's edge. The focal point is the two-bedroom cottage, perfect for a family getaway or a couple's retreat. Fully furnished and accented by family antiques, it features a new kitchen and breathtaking views. So relax and slow down in what John and Karen refer to as Southern Maryland's version of paradise. If you come by water: latitude 38 16 09 N, longitude 76 43 15 W. **Open year-round; please call for reservations.** (301) 807-0988, (301) 769-4359, www.ColtonShippingPointFarm.com

Take Burch Road back to RIGHT on Route 470 (Oakley Road). Go 2.1 miles to RIGHT on Route 242 (Colton's Point Road), 1.8 miles to RIGHT on Route 234 (Budds Creek Road), then 1.3 miles to LEFT on Pincushion Road. Farm entrance on RIGHT.

Bowles Farms / A Maze N Place, LLC

22880 Budds Creek Road, Clements

When Tina Bowles tells you to "get lost," she's not being rude, she's inviting you to lose yourself in a 15-acre corn masterpiece on the Bowles family farm, each year with a different theme. If three miles of trails cut through 10-foot stalks seem ambitious, there's always the children's miniature straw maze. Petting zoo, pumpkins, hayrides, farm toys and plenty of parking make for a day of family fun. And if you want to have even "mower" fun, don't miss the annual lawn mower races! When you get hungry, there's a large country kitchen with plenty of good, home-grown cooking. **Open Sept. 25 through Oct. 31, Mon. - Fri. by appointment (school trips, large groups), Sat. 10 a.m. to 7 p.m., Sun. 10 a.m. to 6 p.m. (HC)** (301) 475-2139, www.bowlesfarms.com



Catch a Crab

Around here, crabbing is just another word for relaxing! It's easy ... find a peaceful stretch of pier, tie a line on a chicken neck and wait for a nibble. Watch the birds. Eat a snack. Soak up some sun. When you feel a tug, net yourself a crab ... or not.



Barnwood and Beach Glass Loop



Buggy X-ing

Throughout the area, you'll often share the road with horse-drawn buggies used by Amish and Mennonites. Drive carefully! (Out of respect, the Amish ask that you do not photograph them.)



www.somdtrails.com



Continue on Route 234 (Budds Creek Road) 2.1 miles to slight RIGHT on Route 5. Go 0.5 miles to RIGHT into Leonardtown Center.

14 Rustic River Bar & Grill

40874 Merchants Lane

When Chef Rick Stommel arrived in Southern Maryland, he immediately took a liking to the unique way St. Mary's County cuisine incorporates traditional Chesapeake Bay-style seafood with Southern comfort food and hospitality. With this blend as the inspiration for the menu, Rustic River Bar & Grill offers everything from Maryland seafood, to classic southern dishes, to brick oven pizzas and calzones. There's something for everyone and — in the vein of Southern simplicity — it's all reasonably priced. Rick and co-owners Dina and Matt Kulp have created a warm, family-friendly atmosphere that, with daily specials like "All U Can Eat Mussels" and "Kids Eat Free," will make it a favorite place to dine or hang out any night of the week. Rustic River also offers affordable, casual catering and full-service catering for formal events. *Open year-round, weekends 11 a.m. to 11 p.m., weekdays 11 a.m. to 10 p.m.* (HC) (301) 997-1700, www.rusticriver.net

Exit shopping center parking lot on south side on to Newtowne Neck Road. Winery is on LEFT.

15 Port of Leonardtown Winery

23190 Newtowne Neck Road

St. Mary's County's first winery made its long-awaited official debut in 2010. Operated by the Southern Maryland Wine Growers Cooperative, the first agricultural co-op of its kind in Maryland, Port of Leonardtown Winery uses grapes grown by local farmers. Six wines were ready for the spring opening, including McIntosh Run, a semi-sweet apple wine, Breton Bay Breeze, a semi-sweet white blend and Breton Bay Shoals, a semi-sweet red blend. Drop by the winery or a local wine festival to try a taste. *Open year-round Wed. – Sun. noon to 6 p.m. Extended evening hours on First Fridays.* (HC) (301) 884-3086, www.portofleonardtown.com

Back to RIGHT on Route 234 (Budds Creek Road). Go 0.1 miles; the following six sites are on the RIGHT in the Maryland Antiques Center and adjacent building.

16 Shelby's Creative Custom Framing and Art

26005 Point Lookout Road, Leonardtown

If good things come in small packages, the tiny paintings known as "miniatures" that are Shelby Oppermann's specialty must be fantastic. Many of these diminutive masterpieces (some are a mere 5/8" wide) will fit in the palm of your hand. And you'll find other unusual treasures, large and small, in the Turning Leaf Gallery, situated in the front room of Shelby's full-service frame shop ... stained glass, fine art photographs, wood carvings and more. More than 30 artists are represented, in addition to Shelby herself. She is a Certified Picture Framer, one of the first 400 in the world, and her specialty is archival framing. So consider bringing along one of your own heirlooms, and talk to her about making it a focal point in your

home with an innovative frame or display treatment that will preserve it for the future. **Open Tues. – Fri. 10 a.m. to 5 p.m., Sat. 10 a.m. to 2 p.m. and First Fridays until 8 p.m.** (HC) (301) 904-2532, www.shelbyscustomframing.com

17 Treadle Studio

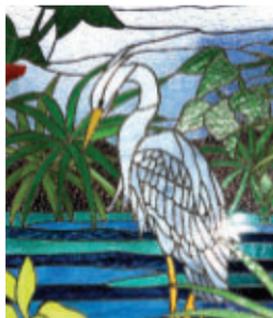
26005 Point Lookout Road, Leonardtown

Wander into Treadle Studio; watch and learn as owner Misti Dayton weaves colorful wool into wonderful works of fiber art. If you're inspired to try it for yourself, you're in the right place. As a member of the Handsweavers Guild of America, Chesapeake Spinners and Weavers Guild and Craft Guild of St. Mary's, Misti is well-qualified to teach and demonstrate weaving, spinning, knitting, crocheting, latch hooking and needle felting. She teaches beginner weaving on a rigid heddle loom and a four-harness loom. When you stop in, bring a project of your own to work on or show. And you can purchase Misti's work in the adjacent gallery (Craft Guild Shop). **Open Wed. – Thurs. and First Fridays 10 a.m. to 5 p.m. and by appointment.** (HC) (301) 904-4357, www.treadles-studio.com

18 Craft Guild Shop

26005 Point Lookout Road, Leonardtown

When you step into this split gallery space, you're greeted with a visual feast of texture and color, a blend of art and traditional craft. Members of this cooperative of local crafters and artisans specialize in handspun yarns, knitted, crocheted, and woven accessories, clothing, home textiles, felted figurines and gifts, all made by hand. You'll also find bead and glass work, woodcraft, kitchen linens and textiles, home decor and decorative painted items. It's the perfect place to find that handmade gift you've been looking for. **Jan. through March Wed. – Sat. 10 a.m. to 5 p.m., Sun. noon to 5 p.m. April through Nov. Tues. – Sat. 10 a.m. to 5 p.m., Sun. noon – 5 p.m., First Fridays until 8 p.m. Open daily in Dec. through Christmas Eve.** (HC) (301) 997-1644, www.craftsguildofstmarysshop.com



www.somdtrails.com



At Treadle Studio, colorful threads and yarns will become woven treasures.

Barnwood and Beach Glass Loop



19 Leonardtown Galleria

26005 Point Lookout Road, Leonardtown

This large gallery space, located in the back of the main building, features several dozen artists offering a diverse array of watercolors, oils, pottery and jewelry as well as some unique pieces such as “pyrography” (a wood burning technique) and exotic embellished bowls and vases made from turned, painted and polished wood. In an ever-changing selection of pieces, owner Carol Wathen showcases works by established artists and encourages emerging artists as well. *Open daily 10 a.m. to 5 p.m. and First Fridays until 8 p.m.* (301) 475-1960, www.leonardtowngalleria.com



20 Creek Side Gallery

26005 Point Lookout Road, Leonardtown

The art fest continues in this light-filled showroom owned by Dave Kelsey and Sue Stevenson. You’ll discover interesting objects unique to this gallery, like stem vases, platters and other carved wood pieces by Dave and decorative painted gourds by his wife, Marta. Guest artists are often featured here, so you never know what you’ll find! *Open daily 10 a.m. to 5 p.m. and First Fridays until 8 p.m.* (301) 475-1960, www.Marylandantiquescenter.com

www.somdtrails.com



21 The Vineyard Café and Tea Room

26005 Point Lookout Road, Leonardtown

Crown your visit to this unique stop with a meal at The Vineyard Café and Tea Room (formerly The Tea Room) in the front of the building. The menu features homemade quiches, sandwiches, crab cakes and homemade crab bisque. Or try lighter fare with a Southern Maryland shrimp salad or the signature chicken salad plate. Just ate? Treat yourself to bread pudding, decadent chocolate cake and other desserts. The café serves luncheon and cream tea daily, high tea by reservation. Don’t miss monthly wine tastings! *Open daily for lunch 11 a.m. to 4 p.m., Fri. and Sat. for dinner 5:30 p.m. to 9 p.m.* (301) 475-1980





Leonardtown

This historic town beckons you to shop, dine, play.

The brick sidewalks, colorful awnings and jingling bells on the doors of cozy shops all give a hint that Leonardtown is a place apart. Along Fenwick Street, you'll find fine dining, antiques, vintage clothing, books, art, flowers and specialty shops, all tucked into buildings that speak of Leonardtown's rich and interesting history. The long-awaited Port of Leonardtown Winery adds to the town's epicurean flair. And no strolling town would be complete without plenty of shady spots to sit and relax, so pull up a bench and enjoy the view. The town square is a beautiful backdrop for annual events like the Beach Party on the Square or the Christmas Tree Lighting Ceremony, where you'll be overwhelmed with colorful crowds, cheerful voices and a vibrant town spirit. And don't forget, Leonardtown is a waterfront town...don't miss the wharf park, complete with canteen, boat rentals and more beautiful views.

First Fridays in Leonardtown...

The newest addition to Leonardtown's lively entertainment lineup is the popular "First Friday" event. On the first Friday of each month, many merchants offer special treats like live music, free tastes, special sales, demos and much more. Many stay open late, but you'll still never see and do it all in one day. Thank goodness for next month!



<http://leonardtown.somd.com>

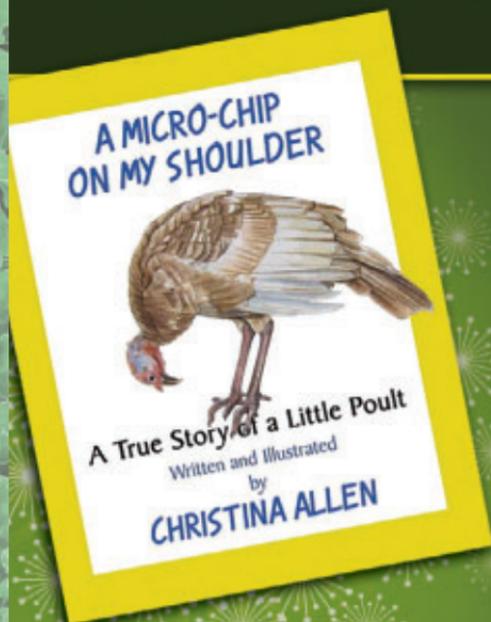
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DON'T WAIT... GET YOUR COPY TODAY!

Available now from these local stores:

Bay Books in Wildewood, The White Rabbit in Leonardtown and
Fenwick Street Bookstore in Leonardtown.

Or order online from www.authorhouse.com or from the author's website.



A Micro-chip on my Shoulder

A True Story of a Little Poult

The delightful true story of
one baby heritage turkey poult
and his journey to adulthood.

Written and illustrated by Christina Allen

Author/illustrator Christina Allen has been a professional artist for more than 30 years. She lives on a Southern Maryland farm with her husband, where they raise much of their own food. Christina's original paintings and limited edition prints, including original art from the book, are for sale at her Corn Crib Studio.



*Visit Christina's farm and Corn Crib Art Studio on the
Barnwood and Beach Glass Loop, Site #35!*

Allen's Articles/Corn Crib Art Studio

e-mail: allensarticles@earthlink.net

301-862-3421

<http://home.earthlink.net/~allensarticles/>



Go 1.1 miles to RIGHT on Route 245 (Hollywood Road) toward downtown Leonardtown, two blocks down on RIGHT is...

22 Crazy for Ewe

22715 Washington Street, Leonardtown

Painted sheep gamboling in the grass welcome you to this fiber-lovers paradise. Inside, you're surrounded by gorgeous yarns in every hue, including some hand-spun and hand-dyed wools from local sheep and alpacas. You'll likely be surrounded by friendly customers, too. Many gather regularly for classes or just to knit with friends. According to owner Ellen Lewis, you can often get an instant lesson on the spot, or request a special class and she will do her best to add it to the schedule. **Open Tues. – Sat. 10 a.m. to 5 p.m.** (HC) (301) 475-2744, www.crazyforewe.com



www.somdtrails.com

Turn at the top of the square on to Park Avenue; go one block to The Good Earth (in the old post office) on RIGHT.

23 The Good Earth Natural Foods Company

41675 Park Avenue, Leonardtown

Owner Valerie Deptula has created a specialty retail store that features an intriguing array of natural and organic products, including many wheat-free and gluten-free foods, personal care and household items, a large selection of bulk foods, herbs and spices, books and high-quality supplements, plus local eggs and produce. If it isn't in stock and you really want it, Valerie can usually find it — special orders are welcome. The store features a demonstration kitchen; you may get a taste of the latest creations. Ask about classes. **Open Mon. – Fri. 9:30 a.m. to 7 p.m., Sat. 9:30 a.m. to 5 p.m., Sun. noon to 5 p.m.** (301) 475-1630, www.goodearthnaturals.com



Back to the square, on RIGHT at corner of Fenwick Street...

24 Café des Artistes

41655 Fenwick Street, Leonardtown

Nestled on the square in historic Leonardtown, the Café des Artistes makes its home in the old Duke Building, a local landmark. Superb entrees, often featuring fresh local products, and an impressive wine list make this the perfect spot for a lavish celebration or a quiet dinner for two. Make your way here to enjoy the upscale, palate-pleasing cuisine in a comfortable “country French” atmosphere. The restaurant is owned and operated by Chef Loic Francois Jaffres, and he and his wife Karleen continually keep things interesting with weekly dinner specials, live music and other special events. You can also have your group events catered here in Le Salon (side dining room). **Open year-round Tues. – Fri. 11 a.m. to 2 p.m., Tues. – Sat. 5 p.m. to 9 p.m., Sun. 11 a.m. to 8 p.m.** (HC) (301) 997-0500, www.cafedesartistes.ws



Ask about
Fabulous First Fridays
in Leonardtown!



Barnwood and Beach Glass Loop



**October is
Trails Month!**

Turn **RIGHT** on to Fenwick Street; go 1/2 block to ...

25 North End Gallery

41652 Fenwick Street, Leonardtown

If you like your art original and your shopping experiences intimate, you'll love exploring the spacious gallery rooms filled with works by Southern Maryland artists in this cooperative. The North End features original and limited-edition fine art including oil, acrylic and watercolor paintings, hand-pulled serigraphs, drawings, sculpture, pottery, jewelry, decorative art, painted silk scarves, photography, stained glass and digital images. Each month, the front showroom is hung with a feature exhibit, including solo or group shows by member artists or invited artists, theme shows, etc. On weekends, the gallery is staffed by the artists, and all will be delighted to answer your questions. Don't miss the monthly First Friday events from 5 p.m. to 8 p.m. **Open year-round Tues. – Sat. 11 a.m. to 6 p.m., Sun. noon to 4 p.m.** (301) 475-3130, www.northendgallery.org

Continue **EAST** on Fenwick Street to **RIGHT** on Route 5 S. Go 1.2 miles to **RIGHT** on Route 244 (Medleys Neck Road), 3 miles to **RIGHT** on Swans Court, then 0.6 miles to studio on **RIGHT**.

26 Sunnybank Studio Nadine Bardin Chicoine

42010 Swans Court, Leonardtown

The true talent of photographer Nadine Bardin Chicoine is her ability to capture the soft, small moments that often go unnoticed in our busy lives and quietly bring them to our attention. Her favorite subjects include nature, animals, flowers and architecture. Prints are all giclee (pigmented) archival ink and archival paper. **Open year-round by appointment only.** (301) 475-3198, www.nadinebardinchicoine.com



Continue on Swans Court 0.1 miles to Viewpoint Art Studio and Creekside Fine Woodworking (last driveway on RIGHT).

27  **Viewpoint Art Studio / Karen Quam Russell**
41950 Swans Court, Leonardtown

This site offers twice the delight! Upstairs, you'll find the fine art studio and gallery of Karen Quam Russell, and to the right of the main entrance, the woodworking shop of Leon B. Russell. When you enter Karen's upstairs gallery, it's like slipping inside a painting. The colorful walls and wood floors accentuate delicate watercolor florals and the exciting abstracts that are Karen's new speciality. Just beyond, her working studio (where she paints and also teaches watercolor classes) looks out on a stunning view of the water that can almost — but not quite — distract you from the art. Her work is available as prints as well as originals, and she also offers hand-painted silk scarves (the "Russell of Silk"). **Open most days; best to call first to be sure.** (301) 475-7225, www.karenquamrussell.com

28  **Creekside Fine Woodworking / Leon B. Russell**
41950 Swans Court, Leonardtown

In Leon's fine woodworking shop, an enormous collection of well-kept tools hints at the high-end craftsmanship in every piece he creates. He has done many commissioned furniture pieces (china cabinets, dining room tables, rocking chairs), and he offers a changing selection of jewelry boxes, tea boxes, chests, serving spoons and other items for sale. Karen's and Leon's work can also be seen in galleries and boutiques throughout the area. Ladies, here's the perfect place to take your hubby, even if he's not an art aficionado. He can browse in the wood shop while you shop in the studio! **Open most days; best to call first to be sure.** (301) 475-7225, www.karenquamrussell.com



www.somdtrails.com



Barnwood and Beach Glass Loop



Backtrack to RIGHT on Route 244 (Medleys Neck Road). Go 2.5 miles to RIGHT on Tower Hill Road, 1.2 miles to studio (last driveway on right).

29 **Flying Cats Studio / Elizabeth Bygler** 19631 Tower Hill Road, Leonardtown

If you have any notions of art as intimidating or of artists as divas,

you'll shed them within minutes of chatting with Elizabeth Bygler in her fun and funky Flying Cats Studio overlooking the Potomac River. Elizabeth has several art degrees and has taught for years (and still teaches here two days a week); she loves answering art questions from interested visitors. You're always welcome here to view art, buy art, talk about art or just wander down to the water and watch the birds and wildlife. Elizabeth paints in oils and watercolors, and her work is available in galleries throughout the area. Get together with a few friends and start your "studio safari" here. **Open daily (except Fridays) 10 a.m. to 6 p.m. (Open after 6 p.m. on Fridays.)** (HC) (301) 475-2478



www.somdtrails.com



Backtrack to RIGHT at Route 244 (Medleys Neck Road) 4 miles to LEFT on Route 244 (now Blake Creek Road), then 0.5 miles to RIGHT on Route 249 (Piney Point Road). Go 4.1 miles to RIGHT on Route 498 (Lighthouse Road), then 1.2 miles to museum parking on RIGHT.

30 **Piney Point Lighthouse, Museum and Historic Park**

44720 Lighthouse Road, Piney Point

The Piney Point Lighthouse and keeper's quarters were built by master lighthouse builder John Donahoo in 1836. This beacon (the oldest still standing along the Potomac) served river navigators through the Civil War years, the steamboat era and both World Wars until decommissioned in 1964. The Potomac River Maritime Exhibit is the place to discover the history of the Potomac River and the stories of the watermen who lived here. Kayak launch, pier and picnic facilities available. Student and group tours welcome. **Call for hours.** (HC) (301) 994-1471, www.stmarysmd.com/recreate/museums

Follow the
Trails on
Facebook and
Twitter



Piney Point: the view is worth the trip.



Backtrack to RIGHT at Route 249 (Piney Point Road). Go 0.5 miles to B&B on LEFT.

31 Hess House Bed & Breakfast 17342 Piney Point Road, Piney Point

Multiple layers and levels of detail, from the early-century architecture to the memorabilia and collectibles added through the years, make this cozy bed and breakfast a fascinating retreat from the everyday world. Built in 1915 by George Hess, an architect from Washington, D.C., and later restored and decorated by the Rogers family, the place is rich in history and charm. The original structure features beamed ceilings and three fireplaces, one built from sewer bricks. But every bit as interesting are the imaginative touches created by current owner J. Whitson Rogers, including walls built from doors salvaged from local buildings and a kitchen counter fashioned from a wall of vintage post office boxes, complete with keys! Family photos, original art and novel bric-a-brac lend an air of old-style ambiance and ensure that you'll never run out of details to explore. *Open April through Nov. weekends only.* (301) 994-2368



Barnwood and Beach Glass Loop



Backtrack on Route 249 (Piney Point Road) 7.5 miles to RIGHT on Drayden Road. (Along the way, be sure to notice the **Harry S. Lundeborg Seamanship School** on the right.) Go 1.9 miles to RIGHT on Cherryfield Road, then 1.3 miles to RIGHT on Boothe Road. The studio is 0.5 miles on the RIGHT.



32 M. Jane Rowe Studio

45870 Boothe Road, Drayden

As you drive down the long lane to the waterfront studio of M. Jane Rowe, tobacco barns to the right are a quiet reminder of this area's rich agricultural heritage. Enter the detached studio/gallery (right of the house), and you'll be reminded again ... many of her oils celebrate rural landscapes, the lure of the ever-present water and the eloquent beauty of simple natural objects. **Open year-round by appointment.** (301) 994-9499, www.mjannerowe.com

Backtrack to RIGHT on Cherryfield Road. Go 0.4 miles to driveway on LEFT. (Red mailbox.) Go 0.5 miles down drive to studio and house at water's edge.



33 Cherryfield Studio / Bette Bumgarner

17794 Cherryfield Road, Drayden

Beautiful gardens and a view of the water surround the gallery/studio of artist and longtime resident Bette Bumgarner. Her oil paintings are heirloom-quality treasures, often highlighting a glimpse of the area's natural beauty. She is also an accomplished printmaker (etching and dry point). **Open year-round by appointment. 9 a.m. to 5 p.m.** (301) 994-2591

Back to RIGHT on Cherryfield Road. Go 1.7 miles to LEFT on Drayden Road, 0.8 miles to RIGHT on Flat Iron Road, then 3.9 miles to Route 5. At this fork, you can either turn RIGHT toward Historic St. Mary's City, or...

GET SIDE-TREKKED!! If you're in the mood to do some beach-combing, bird watching or picnicking, turn LEFT on Route 5 N., then 2.3 miles to RIGHT on Camp Cosoma Road.

www.somdtrails.com



34 St. Mary's River State Park

Camp Cosoma Road, Leonardtown

The drive down Camp Cosoma Road takes you to one of two areas that make up St. Mary's River State Park. From here, at the northern end of the St. Mary's River watershed, you can explore a wide range of environments, from wooded acres and fields to swamps and small streams that surround the 250-acre St. Mary's Lake. A 7.5-mile trail circles the lake, allowing the area to be fished from shore or by boat. (Freshwater fishing is popular here.) The lake has been designated a trophy bass lake and as such, special fishing regulations may be in effect. There are hiking trails and picnic facilities as well. **Open year-round daily.** (301) 872-5688, www.dnr.state.md.us/publiclands/southern/stmarysriver.html

Backtrack to LEFT on Route 5 S. and go 4.7 miles to driveway on LEFT (just before Willows Road). (Or, if coming from Flat Iron Road, go RIGHT on Route 5 S., then 2.5 miles to driveway.)

35 Allen's Articles / Christina Allen

18988 Point Lookout Road, Park Hall

This unusual stop is actually two separate adventures:

On weekends (by appointment), owner Christina Allen hosts personal farm/garden tours of this working homestead, which features lambs, sheep, rare Jersey Buff turkeys, chickens and a large, year-round organic garden. There is also a spinning, weaving and knitting room where Christina makes garments from the sheep's wool and from home-grown, organically colored cotton. You'll be treated to a unique learning experience and a chance to connect with the true spirit of Southern Maryland. **During the week**, visit the "Corn Crib Studio," a converted 1880s cedar corn crib-turned gallery/workshop where Christina paints and does custom framing. You can view works in progress and purchase art (prints and originals); many are watercolors of Southern Maryland landscapes and the Chesapeake Bay. Interested in a lesson? Christina has teamed up with other Trails sites to offer an exciting "partner package" painting workshop for small groups in a beautiful outdoor setting. (Call or check the website for current information.) **Studio/Art: Mon. – Fri. 8 a.m. to 4 p.m. Farm/Garden tours available weekends by appointment only. One hour maximum per visit.** (301) 862-3421, <http://home.earthlink.net/~allensarticles/>

Continue SOUTH on Route 5, 4.5 miles to RIGHT on Rosecroft Road; go 0.1 miles to visitors' center sign on Hogaboom Road.

36 Historic St. Mary's City

Point Lookout Road, St. Mary's City

Historic St. Mary's City is an 800-acre museum on the site of the fourth permanent British settlement and Maryland's first capital. Costumed interpreters in recreated 17th-century structures depict life in the colony. Visitors can board a tall ship, explore an ordinary ordinary, discover the world of the Yaocomaco Indians and help a Colonial planter tend his fields. Find out how researchers reconstruct the past using historical and archaeological evidence at a major new exhibit on the St. John's Site. **St. John's Site open year-round. Living history exhibits open March through Nov. Hours vary by season.** (HC) (240) 895-4990, (800) SMC-1634, www.stmaryscity.org



www.somdtrails.com



Barnwood and Beach Glass Loop



Tell them you found
them on the Trails!



Go **RIGHT** on Rosecroft Road, then 0.9 miles to the Brome-Howard Inn (driveway on **RIGHT**).

Brome-Howard Inn

18281 Rosecroft Road, St. Mary's City

Thirty acres of farmland, raised flower beds, a natural labyrinth and working gardens surround the 19th-century Brome-Howard Inn and its original carriage house, smoke house, dairy house and slave quarters. St. Mary's River views adorn the property, which is laced with five miles of hiking trails through Historic St. Mary's City. Meet innkeepers Lisa and Michael Kelley and enjoy an upscale meal featuring local farm products when in season. *Open year-round daily. Restaurant open Thurs. 5:30 p.m. to 9 p.m., Fri. and Sat. 5:30 p.m. to 10 p.m., Sunday brunch 11 a.m. to 2 p.m., Sun. dinner 5 p.m. to 9 p.m. Reservations appreciated.* (301) 866-0656, www.bromehowardinn.com

Backtrack to **RIGHT** on Route 5 S. (Leonardtown/Point Lookout Road). Go 3.2 miles to **RIGHT** on Beachville Road. Follow Beachwood Road to the end. (Park entrance is on **LEFT**.)

St. Inigo's Landing

46621 Beachville Road, St. Inigo's

Here's a secret stop that even many locals haven't found yet. This tiny park has a pier, a boat launch and a pint-sized beach perfect for a private family outing. A nearby grove of pines offers a shady spot to picnic; grills and picnic tables are provided. *Open April 1 through Nov. 30 dawn to dusk.* (301) 475-4200, ext. 1811, www.co.saint-marys.md.us

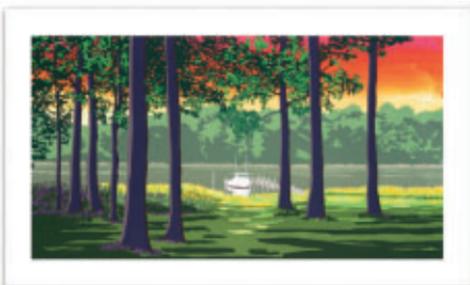


Backtrack to RIGHT on Route 5 S. (Leonardtown/Point Lookout Road). Go 0.4 miles to RIGHT on Whitaker Road, then 0.2 miles to studio on LEFT.

39 **Jeanne Norton Hammett** Serigraphs

48721 Whitaker Road, St. Inigoes

The vivid and dynamic style of artist Jeanne Norton Hammett has garnered her a place among Maryland's leading printmakers. Her original, limited-edition (signed and numbered) serigraphs are each hand-printed using a series of stretched silk screens with handmade stencils. Her deft use of color captures the moody quality of weather and the changing lighting of our local landscape. You can view her work in her newly remodeled gallery/studio, a work of art in itself, featuring specialized cabinetry and a sailboat-shaped picture window designed by Donnie Hammett. You're likely to leave here with at least one piece of beautiful art and an expanded understanding of this fascinating hand-printing process. *Open year-round by appointment.* (301) 872-5422, www.jeannenortonhammett.com



Backtrack to RIGHT on Route 5 S. (Leonardtown Road). Go 1.7 miles to RIGHT on Wynne Road, 0.5 miles to LEFT at Woodlawn sign, then 0.7 miles straight back to end of road.

40 Woodlawn

16040 Woodlawn Lane, Ridge

Stunning views of the Potomac River, relaxing strolls through the well-tended gardens, and intriguing archways carved through antique boxwood will lure you back to Woodlawn again and again. Woodlawn was part of Lord Calvert's Retreats in Southern Maryland, and you'll enjoy exploring hidden secrets and historical details of this 200-year-old restored manor house. Be sure to tour the English-style formal gardens, including *inside* the boxwood arbors. (You may even go home with a cutting for your own garden.) While Woodlawn has a rich history, there are also many plans for the future: expanded formal gardens, an "outdoor office" within the gardens for business meetings and retreats, and a new winery in a renovated barn on the grounds. *Open year-round. B&B open daily, other attractions Sat. – Sun. 8 a.m. to 5 p.m.* (301) 872-0555, www.woodlawn-farm.com



On the Water

This symbol means the site is on the water. Ask if you can come by boat!



Barnwood and Beach Glass Loop



Backtrack to RIGHT on Route 5 S. (Leonardtown Road). Go 1.8 miles to store on RIGHT.

41 **Buzzy's Country Store** 12665 Point Lookout Road, Ridge

Since the late 1800s, Buzzy's Country Store has been the place where locals gather to chat with neighbors and new faces are always welcome. Owner J. Scott Ridgell has kept the best of the old: penny candy, a vintage Coke cooler, a baseball cap collection that his father, Buzzy, collected over the years and the friendly family St. Bernard named Bruno that greets customers. (The current Bruno is number eight.) And he has added to that some fun new twists: wi-fi and an Internet blog and occasionally even karaoke. It all

adds up to a casual ambiance you won't find at any modern convenience store. The place is well-stocked with snacks, candy, bait, drinks and other "liquid refreshments." *Open year-round 11 a.m. to 9 p.m.* (HC) (301) 994-0826, www.buzzyscountrystore.com

Continue SOUTH on Route 5 (Leonardtown Road) 2.8 miles to Point Lookout Park entrance on RIGHT.

42 **Point Lookout State Park**

11175 Point Lookout Road, Scotland

You can swim, fish, boat or camp on this picturesque peninsula formed by the Chesapeake Bay and the Potomac River. You can also discover its rich history at a museum on site. While here, why not take the day and cruise to Smith Island, where you can learn about the way of life in this extraordinary community of watermen? (Smith Island is Maryland's only inhabited offshore island accessible only by boat.) *Open year-round daily.* (301) 872-5688, www.dnr.state.md.us/publiclands/southern/pointlookout.html



BUY LOCAL
HEALTHY PLATE
HEALTHY PLANET
OUR RURAL ECONOMY KEEPS GROWING!

Take the Buy Local Challenge in July!

I pledge to eat at least one thing from a local farm every day during
Buy Local Week! (Last full week in July every year!)

www.buy-local-challenge.com

A program of the Southern Maryland Agricultural Development Commission (SMADC) ©2010

Not just another pretty place...

HISTORIC ST. MARY'S CITY



*Colorful living history and intriguing archaeology
on the site of Maryland's first capital...*

Barnwood and Beach Glass Loop



Do-It-Yourself Seafood Fest

Want the greatest get-together ever? Have everyone bring fresh seafood to your next gathering, then get busy grilling, broiling, frying, boiling, scalding and cooking up a seafood storm! Don't forget the tartar sauce.



Backtrack NORTH on Route 5 (Leonardtown Road). Bear RIGHT on 235 N. Go 1 mile to RIGHT on Lois Lane. Take first LEFT into driveway.

43 Cozy Cupboard Art Gallery Mary Lou and Jeff Troutman

49510 Lois Lane, Ridge

Mary Lou Troutman is well-known for her painted scenes that celebrate her love of the land and life by the water. Many of her pieces are quiet and reflective, tinged with a strong sense of nostalgia, so you may be surprised when you meet her to find she herself is quite the opposite ... lively and animated and always on the move. She will tell you easily about her strong ties to this area (she grew up in Southern Maryland) and her appreciation of family (her husband, Jeff, and her two children are a strong force in her business). But if you have seen her artwork, you've probably realized all that already. Her work (giclee prints and originals) is collected by locals and can be found in private and corporate collections from coast to coast. **Open daily 10 a.m. to 5 p.m. (Best to call first to confirm.)** (HC) (301) 872-5807, www.maryloutoutman.com

Continue on Route 235 N. 1.5 miles to RIGHT on St. Jerome's Neck Road. Go 0.9 miles to farm on RIGHT. Look for sign.

44 T&A Farm

18281 St. Jerome's Neck Road, Dameron

T&A Farm is a great way to experience Southern Maryland's down-home appeal. The farm has been in the Trossbach family for 117 years; Tom and Abby planted the first pumpkin patch in 1999 and have been inviting the public to come and experience the farm ever since. Pick your own strawberries in May, and in the fall ... pick a pumpkin — any pumpkin. You will ride away with a lot more than a “jack” for your lantern. You'll have had the chance to walk through the petting pen with all your favorite farm animals, run through a mini-straw maze, take a stroll through a cornfield and of course chat with the Trossbach family about your favorite pumpkin pie recipe. **Open May and Oct. Call for hours and pickup times.** (HC) (301) 872-5003, www.tandafarm.webs.com

Backtrack to RIGHT on Route 235 N. Go 2 miles to RIGHT on Bay Forest Road, then 1 mile to park on LEFT.



Elm's Beach Park

19350 Back Door Road, Lexington Park

Elm's Beach Park offers a beautiful site to relax with a picnic lunch. Tables down the trail behind the pavilion treat visitors to a view of serene marshland on one side, and the quiet rhythm of the surf from the Chesapeake Bay on the other. The beach on the Bay side is a great place to swim, sunbathe or just walk along and look at what the surf has brought today. The park also offers hiking, fishing and environmental education. **Open April 1 through Nov. 30 dawn to dusk.** (301) 475-4200 ext. 1811, www.co.saint-marys.md.us



Back to RIGHT on Route 235 N. Go 10.4 miles to Blue Wind Gourmet on RIGHT (corner of Gunston Drive).



Blue Wind Gourmet

22803 Gunston Drive, California

At this specialty food store and gourmet restaurant, you'll find great food and an extensive selection of fine wines (many local). The beer room features more than 400 boutique beers. The well-trained staff can steer you toward the perfect wine for tonight's dinner, an upcoming party or the perfect gift. Enjoy soups, freshly made pizzas, sandwiches, wraps and fresh salads of organic greens. Eat here or have the staff whip up a picnic for you to take on the Trails. Local artists display their work for sale on the walls; enjoy it while your meal is being prepared. Join Rob and his staff for wine tastings every day. **Open year-round Mon. – Sun. 11 a.m. to 7:30 p.m.** (301) 737-2714, www.bluewindgourmet.com



Shop, dine, stay and play on the Southern Maryland Trails!



Barnwood and Beach Glass Loop



Go LEFT out of the Blue Wind Gourmet parking lot on Gunston Drive, then 0.2 miles to studio on RIGHT.

47 Wood Windfall Studio Gerry Wood

22948 Gunston Drive, Lexington Park

The workspace of artist Gerry Wood may strike you as a place where learning and growing as an artist are as much a priority as the painting process ... her studio/gallery clearly does double duty as an active classroom, with a half-dozen or so paint-specked tables arranged around a work-in-progress. Gerry is well-known on the Southern Maryland art scene; she is active in art organizations, shows and galleries in addition to giving watercolor lessons in her studio. In her words, she is "constantly striving to create new and exciting paintings, to expand my horizons, and attend workshops to learn more

techniques to teach to my students." Her own work features landscapes, lighthouses, florals, classic cars, tulips, poppies and geraniums. *Open year-round by appointment only.* (301) 863-9663, www.artbygerry.com

Ham It Up

Best served cold, sliced on a warm biscuit. **Southern Maryland stuffed ham** is corned, boned and tied ham, pockets cut and stuffed with kale, cabbage, watercress, green onions, celery, mustard seed and hot pepper flakes.

(Well, that's one way.) A truly local dish.

Continue on Route 235 N. Go 1.2 miles to RIGHT on Route 4 (Patuxent Beach Road), 0.7 miles to LEFT on Patuxent Boulevard, then 1.3 miles to park.

48 Myrtle Point Park

24050 Patuxent Boulevard, California

If you need a peaceful place to enjoy your gourmet picnic from the Blue Wind Gourmet, you don't have far to go. Myrtle Point Park is one of our region's secret getaways. This small jewel is a perfect place to reconnect with the land, the water and the beauty of Southern Maryland. *Open year-round from dawn to dusk.* (301) 475-4200 ext. 1800, www.co.saintmarys.md.us

Backtrack to LEFT on Route 4 (Patuxent Beach Road). Go 1.5 miles to LEFT on N. Patuxent Beach Road, 0.2 miles to LEFT on Patuxent Lane, then 0.1 miles to 4th driveway on LEFT ("Kinston Cove" sign).

49 Linda Wharton's Studio

45853 Patuxent Lane, California

In addition to painting in her fine art studio at the edge of the Patuxent River, artist Linda Wharton also teaches figure drawing and painting. Her work includes landscapes, still life and the figure (nudes). A visitor can take a peek at the artistic process by viewing works in progress. Linda is a longtime resident of Southern Maryland,



and her love of the area is evident in her ability to deftly capture the richness of local landscapes. Be sure to ask Linda to show you her “cozy cottage,” a tiny adjunct studio on the banks of Kinston Creek. You can also get to Linda’s by boat: heading north on the Patuxent River (up river from the Solomons Island Bridge) take a LEFT into the first inlet (Kinston Creek). Fourth dock on the LEFT. (Please note: the draft here is 5 feet.) **Open year-round by appointment.** (301) 737-3423

[From here, if you would like to cross over to the *Fossils and Farmscapes Ramble*, return to Route 4 (Patuxent Beach Road) and continue across the Patuxent River bridge.] Or... continue on the Trail!

Backtrack to RIGHT on Route 4 (Patuxent Beach Road). Go 2.2 miles to RIGHT on Route 235 N., 3.9 miles to RIGHT on Route 245 (Sotterley Road), 2.2 miles to RIGHT on Steer Horn Neck Road, then 1 mile to LEFT on Rosedale Manor Lane.

 **The Greenwell Foundation
Greenwell State Park**

25420 Rosedale Manor Lane, Hollywood

When you arrive here, you’ll soon realize you are discovering one of Southern Maryland’s truly beautiful places. In this 600-acre park, wide-open sky meets pastures and horse barns, rose gardens scent the air and spacious, easy pathways loop along the banks of the Patuxent River. The Greenwell Foundation provides inclusive and universally accessible programs that include camps, horseback riding, kayaking and respite weekends for recovering servicemen and women. A small fee gives you access to the grounds; bring a lunch and lounge by the water, do some fishing or hike the trails. Facilities are available for rent, including the historic Rosedale Manor (a perfect wedding spot), Quarter Creek Pavilion and the Knott Lodge, which can accommodate 17 people in eight bedrooms. **Park open year-round daily, sunrise to sunset. Foundation office open Mon. – Fri. 9 a.m. to 4 p.m.** (HC) (301) 373-9775, www.greenwellfoundation.org



**“Notch”
Your Normal
Road Sign!**

This little tidbit was found on a roadside marker: “A law of 1704 provided three notches of equal distance be marked on the trees to indicate a road heading to a ferry. Two notches with another notch a distance above the other two marked a road to a courthouse.”



Most of the facilities, grounds and programs at Greenwell are accessible to those with disabilities.

Barnwood and Beach Glass Loop



Backtrack to RIGHT on Steer Horn Neck Road. Go 1 mile to RIGHT on Sotterley Road, 0.7 miles to RIGHT on Sotterley Lane, then 0.1 miles to ...

51 Sotterley Plantation

44300 Sotterley Lane, Hollywood

Older than Mount Vernon and Monticello, Sotterley Plantation overlooks the scenic Patuxent River and encompasses nearly 100 acres of rolling meadows, gardens and shoreline.

Sotterley is the sole surviving Tidewater

plantation in Maryland that is fully accessible to the public. Sotterley has at times been a frontier farm, a thriving tobacco plantation, a Colonial port and a busy steamboat landing. There are tours of the mansion and adjacent gardens that allow visitors to immerse themselves in Tidewater history. Guests may also explore the site using the self-guided walking tour that encompasses the many buildings, trails and landscape features of the site. Mark your calendar for the spectacular annual Riverside Winefest held the first weekend in October featuring wineries from across Maryland as well as local artisans. *Guided tours (including mansion) May 1 through Oct. 31, Tues. – Sat. 10 a.m. to 4 p.m., Sun. noon to 4 p.m. Self-guided tours year-round.* (301) 373-2280, www.sotterley.org



www.somdtrails.com



Go straight ahead from entrance onto Vista Road, then 2.3 miles to RIGHT to merge with Route 235 N. Go 0.6 miles to RIGHT on Joy Lane. Go straight back to end of paved road; continue on unpaved road to end (follow signs).

52 Joy Lane Healing Center

43288 Joy Lane, Hollywood

This unique retreat is a quiet sanctuary featuring trails through secluded gardens and woodland ravines. Owner Carol Marcy (author of *“Living Life as a Prayer, a Guide to Healing and Wholeness”*) and others offer individual sessions, seminars and workshops (including overnight/camping workshops); visitors can explore such things as guided meditation or the Native American art of shield-making. There is also a store and art gallery featuring arts and crafts from local artists, books, CDs and DVDs. If you are interested in beekeeping, ask for a glimpse of the hives. *Open by appointment.* (301) 373-2522, www.joylanehealingcenter.net



Too Pretty To Eat?

Many flowers are edible, but be careful — many are actually quite poisonous. Some common edible ones are Johnny-Jump-Ups, violets, borage, lavender, nasturtium, squash blossoms and rose petals. The petals look beautiful arranged on a salad platter or candied crowning a frosted cake.



Backtrack to RIGHT on Route 235 N. Go 0.4 miles to RIGHT on Jones Wharf Road, then 1.5 miles to shop on LEFT.

63 Project Woman Studio and Shop

26019 Jones Wharf Road, Hollywood

Barbara Ferrante's various artist titles have included spinner, weaver, seamstress, potter, mosaic artist and others. To simplify, friends just call her the "project woman," which nicely sums up her intense artistic energy and prolific output. From tapestries to troll dolls made from sheep's wool, from elegant woven shawls and hand-painted silk scarves to whimsical note cards, Barbara's work spans a gamut of styles and mediums. She describes herself as "creator of the unusual, strange and sometimes downright weird." She's been selling at craft shops, galleries and shows in the area for more than 20 years and has recently added altered art and collage to her long list of projects. **Open April through Dec. Hours vary; please call.** (301) 373-8741, www.project-woman.net

Continue on Jones Wharf Road 0.1 mile to RIGHT on Drum Cliff Road, then 1.4 miles to RIGHT into driveway (at end of road); studio is 0.1 miles on RIGHT.

64 Sarah Houde Pottery

44035 Drum Cliff Road, Hollywood

The work of full-time potter Sarah Houde can be seen in galleries, shows and homes throughout Maryland, Virginia and beyond. She creates beautiful functional pieces (fish platters, bakers, casseroles, mugs, etc.), many of which are inspired by the fish, plants, etc. native to this area. She also creates decorative works (raku, urns, wall plaques, sculptural pieces). Sarah's studio includes a gallery area with finished pieces for sale, and a workshop where you'll get a first-hand look at how the pieces are made, from clay to kiln. If you're intrigued by the thought of playing with clay, ask Sarah about classes. (Want to come by boat? Call for directions.) Don't miss the annual open studio, first weekend of December, 10 a.m. – 5 p.m. both days, no need to call ahead. Please bring canned food for a local food bank. **Open by appointment. Classes for groups of four to six available by appointment.** (301) 373-2297, www.sarahhoudepottery.com



Art Safari!

Grab a group of girlfriends and get going on an ART-RAGEOUS Trails trip to last a day or a weekend. Go gallery-hopping and stop at all the art studios along the way. (See the "Imaginative Itineraries" section for more unique themed trip ideas!)



Barnwood and Beach Glass Loop



Holidays on the Trails

Winter is a wonderful time for a Trails trip! Local farms have fresh trees and greenery for your home and goodies for your holiday feasts. And what a great way to wrap up your shopping — handmade gifts by local artisans, Southern Maryland wine or a gift certificate from your favorite Trails site!

Backtrack to RIGHT on Route 235 N. Go 4 miles to RIGHT on Oakville Road. Go 0.4 miles to RIGHT on Queentree Road, then go 1 mile to farm on RIGHT.

55 Evergreen Acres

27118 *Queentree Road, Mechanicsville*

Roger and Nancy Lavoie and their grandkids greet you as you begin your search through this field of perfect Christmas trees, looking for the one to grace your home. Choose from the large assortment of fir (Canaan, Douglas, Frazier, Korean), spruce (Myer, Norway, Colorado, white) or pine (Scotch, white). For an extra fee, you can tag your special tree early in the season. If you come during the week, the Lavoies will be glad to show you how they make wreaths and garlands and give you tips on which trees last the longest. *Open Nov. 25 through Dec. 17 daily, noon to dusk.* (301) 862-1597

Backtrack to RIGHT on Oakville Road, then 0.1 miles to LEFT on Route 235 SOUTH. Go 0.1 miles to Summerseat entrance.

56 Summerseat Farm and Sanctuary

26655 *Three Notch Road, Mechanicsville*

This 120-acre working farm and Queen Anne-style manor house date back to the 17th century. An exploration of the grounds includes a smoke house, spring house, tobacco barns, gardens, 100-year-old boxwoods, many stately trees and the old family cemetery. You can observe the resident bison herd from afar, or get up close with sheep, pigs and other farm animals. The farm also has examples of an organic garden, vineyard and trails. And while there, you can scout the facility for your wedding, business meeting, retreat or conference. *Open for self-guided tours of the property and guided tours of the manor house on the first Saturday of the month, May through Oct., 10 a.m. to 2 p.m. Call to book a group tour.* (301) 373-6607, www.summerseat.org

This is the last stop on the *Barnwood and Beach Glass Loop*. From here you can continue on Route 235 N. to Route 5 N. (Leonardtown Road) and take Route 231 E. (across the Benedict bridge) to meet up with the *Fossils and Farmscapes Ramble*, or go straight to join the *Heron's Flight*.



The view from the manor house at Summerseat.

Mille Mercis

*"A Thousand Thank
Yous" to our loyal
customers and local
growers. We are
celebrating 10 years
of employing local
people, buying
local products and
keeping
dollars local!*



photo by Estelin Kernsberg

*Classic Country French Dining
in a casual, relaxing atmosphere.*

Café des Artistes

*Chef-owned and operated
Loïc and Karleen Jaffres*

LUNCH: Tues. - Fri.
11 a.m. to 2 p.m.
DINNER: Tues. - Sat.
5 p.m. to 9 p.m.
Sun. 11 a.m. to 8 p.m.
Closed Mondays

- Piano every Friday and Saturday night
- Jazz cabaret/dancing on special evenings
- 3-course prix-fixe dinner menu \$21.95*
- \$10 all-inclusive lunch specials daily
- Sunday brunch à la carte items
- "Le Salon" (private room) available

41655 Fenwick Street, Leonardtown
web: cafedesartistes.ws
email: cafedesartistes@somd.us

301-997-0500

**Prix-fixe menu available until 6 p.m.*

